



[comfort zone]

conscious skin science

**TREATMENT
MENU**

We're delighted to offer you a selection of bespoke treatments to accompany you on the road to recovery and a new normality.

Your safety is our priority and all treatments adhere to the highest safety, hygiene and operating procedures.

All therapists fully adhere to, and are fully qualified in, all safety and hygiene procedures.

GOOD HOPE SANITIZING WELCOME

Your safety and wellbeing is our priority. For this reason, every treatment will begin with the sanitizing hand ritual to cleanse and sanitize, giving you the reassurance that you are in a safe and protected environment, and encouraging you to deeply relax and enjoy your treatment.

1) SPECIALIST SPA PEDICURE 45 mins

Extra protection and care for the feet for smoothing, renewing and refreshing. Enhanced with specific immune-boosting techniques to ensure you feel strong, grounded and energized.

2) SPECIALIST MANICURE 30 mins

Enjoy a moment of repairing and deeply nourishing care for your hands. Additional pressure points enhance the massage to boost the immune system, giving you strength and vitality.

3) TRANQUILLITY™ BACK & NECK 30 mins

After moments of stress and worry, the ideal solution is a relaxing back and neck massage with a variety of therapeutic techniques to decontract tight muscles and thanks to the signature de-stress essential oils, a deep sense of calm and wellbeing is restored.

4) TRANQUILLITY™ PRO-SLEEP 30/60 mins

An extraordinary recovery massage ritual that induces a deep state of relaxation to encourage a drop in stress levels and improves the quality of sleep. Accompanied by the unique Tranquillity™ Sound and Essential Oil Blend, this ritual boosts the immune system, restoring you to a state of strength and calm.

*Only for Back of Body – 30 mins (according to regulations)

5) EXPRESS BODY TREATMENTS 30/60 mins

Choose from the following body treatments in full or express version for the most critical areas:

Montalcino Thermal Mud

Tuscan thermal waters, revitalizing algae and essential oils mobilize toxins and restore vitality.

Deep Body Renewal

Smoothing, renewing and regenerating treatment to restore tone, elasticity and hydration.

Thermogenic Attack

Intensive thermogenic treatment to treat cellulite and slim and sculpt the body.

Body Active

A remineralizing boost of essential vitamins, mineral salts and Brazilian yellow clay for overall body vitality and wellbeing.