

[comfort zone]

BODY STRATEGIST

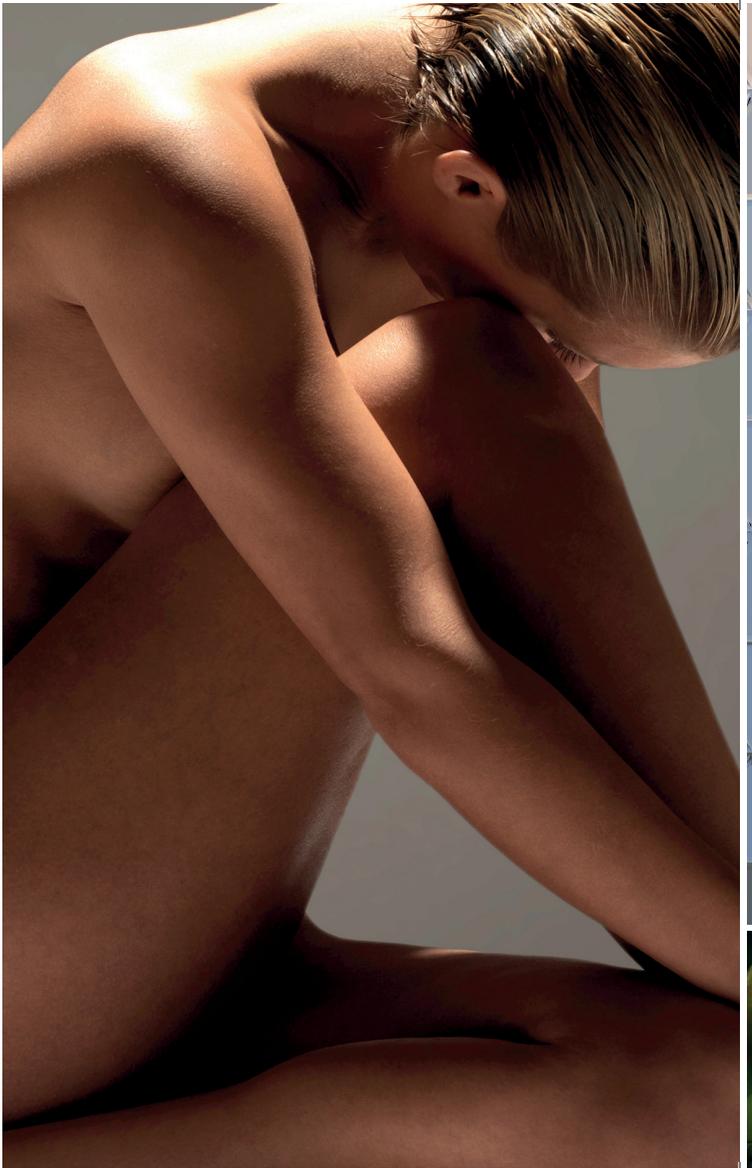
professional results
you deserve

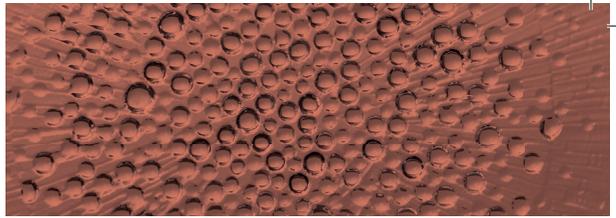
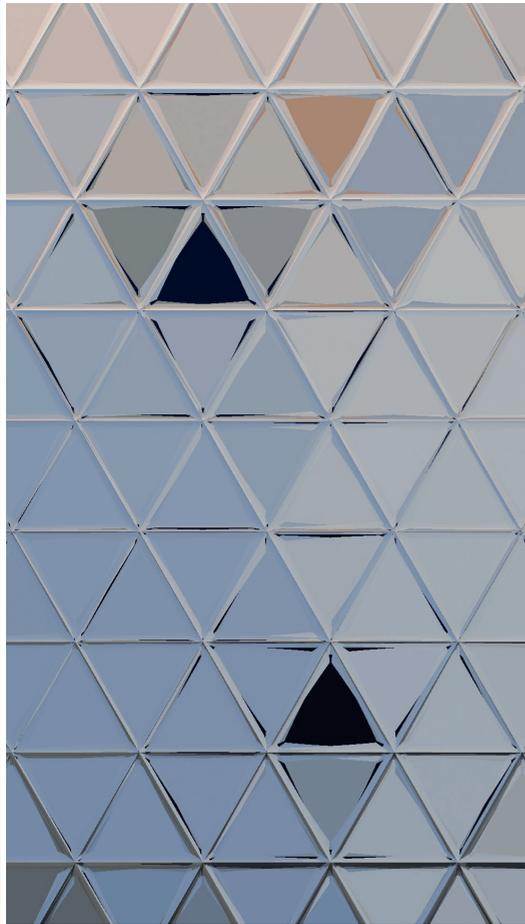
CELLULITE AND TONE

Certified



Corporation





HEALTHY IS BEAUTIFUL

A healthy and fit body is essential to feeling good and enjoying yourself more!

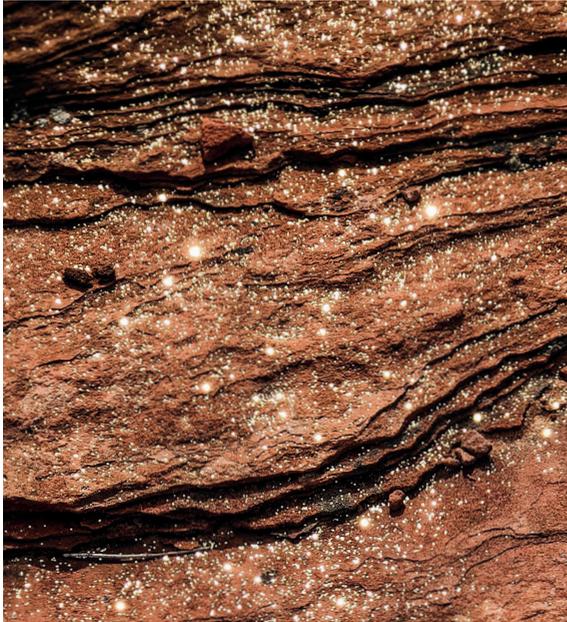
However, cellulite and loss of tone are very common imperfections which can be triggered by your age, lifestyle and morphotype.

An accurate and professional analysis is therefore essential to identify specific products, treatments and lifestyle choices to achieve visible, lasting results.



CELLULITE AND LOSS OF TONE

UNDERSTANDING THEM TO COUNTERACT THEM



All body imperfections are not merely aesthetic problems: they have deeper roots linked to the body's overall equilibrium.

CELLULITE EQUALS WOMEN!

4 in 5 women have cellulite: it is a form of inflammation of the subcutaneous adipose tissue, which initially results from a change in microcirculation. Its causes can be genetic, hormonal and, of course, lifestyle-related.

EDEMATOUS CELLULITE = SWELLING

The initial stage is characterized by water retention and a general state of swelling. Microcirculation is altered, the tissues are poorly oxygenated and the deposit of liquids between tissue spaces increases. Collagen fibers tend to accumulate around the adipocytes, resulting in characteristic "orange peel" skin, which is also a sign of the intermediate stage known as fibrous cellulite. When the skin is touched, compressing it, you can feel pain.

ADIPOSE CELLULITE = FAT ACCUMULATION

The advanced stage is characterized by abnormal activity of fibroblasts and adipocytes, as well as significantly altered microcirculation.

Groups of adipocytes trigger the formation of micronodules, which are hard and palpable. The skin has a classic “mattress” appearance.

ATONY = LOSS OF TONE

It often accompanies the two previous stages. However, it can also occur without cellulite. Fluctuations in weight, age, pregnancy, an irregular lifestyle and overexposure to the sun are the main causes of weakened skin structure.

This results in a lack of tone and firmness, loss of elasticity and the appearance of stretch marks.



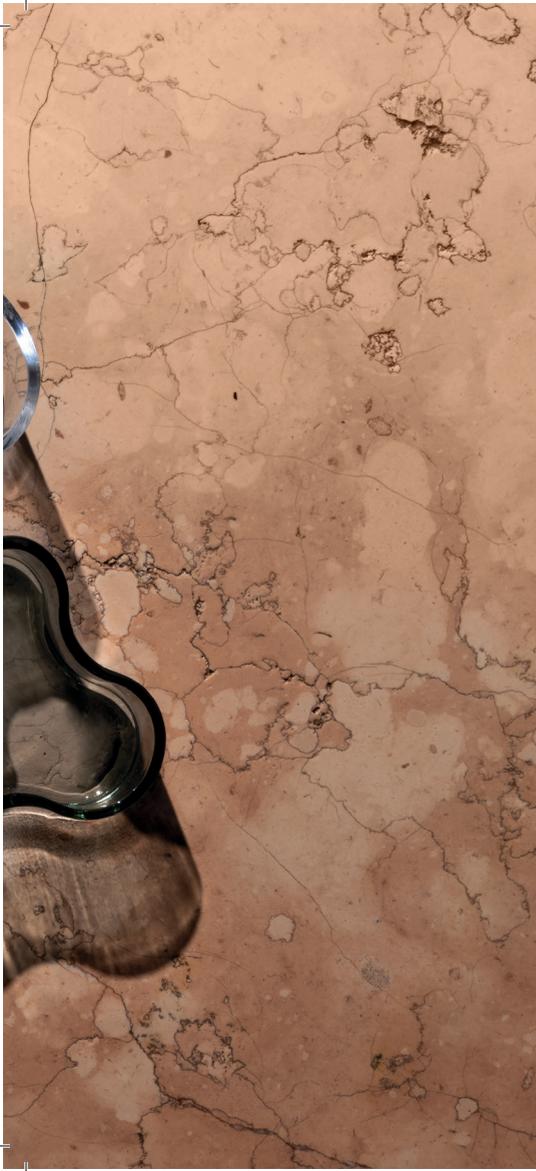
[comfort zone]
BODY STRATEGIST
THERMAL MUD

remodeling body mud
boue remodelante corps
fango rimodellante corpo

[comfort zone]
BODY STRATEGIST
THERMO CREAM

thermogenic cream
crème thermogénique
crema termogenica

[comfort zone]
BODY STRATEGIST
HYDRATING SERUM

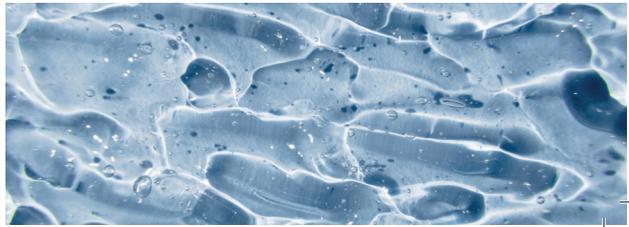


BODY STRATEGIST

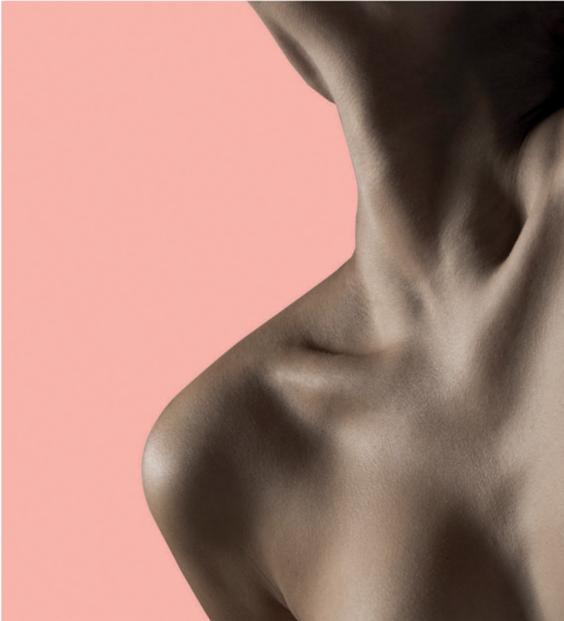
PROFESSIONAL RESULTS THAT YOU DESERVE

Concentrated products with professional performance allow you to achieve visible results in a short time and are ideal for maximizing the effectiveness of spa treatments.

A complete range to contrast the various imperfections of cellulite and loss of tone with specific formulas designed for different parts of the body and different needs.



CLINICALLY TESTED EFFICACY



» **THERMO CREAM AND CREAM GEL**

- 1 cm average thigh circumference reduction.*

» **THERMAL MUD**

Thigh circumference** and localized adiposity are reduced.***

» **CAFFEINE SHOT**

Clinically proven lipid-reducing activity.****

*Clinical testing by independent laboratories panel of 20 people 30 days

**Independent laboratory test, anthropometric evaluation, 20 women, 14 days of treatment

***Independent laboratory test, clinical evaluation, 20 women, 14 days of treatment.

****In vitro test, panel of 44 people 30 days

OUR PROMISE

PERFORMANCE AND SUSTAINABILITY



Concentrated formulations containing natural-origin and functional ingredients, free of animal derivatives and raw materials that have a negative impact on the environment, such as ethoxylates, silicones, mineral oil, artificial dyes and sulfates.

The same attention is paid to packaging, which is designed to be easily recycled, using recycled or renewable raw materials. All our packaging is carbon-neutral thanks to reforestation and social regeneration projects.

Certified



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The 'Made in Italy' production takes place at the Davines Village, in Parma, at the headquarters of the group, which is a certified B Corp that only uses energy from renewable sources.



BEAUTY ROUTINE

CELLULITE

once
a week



PEEL SCRUB

double-action scrub

92.2% natural-origin ingredients

The essential step of preparing the skin to make it softer and smoother. With alpha and polyhydroxy acids, bitter orange peel and silica microspheres.

200 ml e 6.76 fl.oz.



every day
critical areas



ATTACK SERUM

reshaping serum

93.6% natural-origin ingredients

For all types of cellulite.

It gradually reshapes the most critical areas thanks to caffeine, carnitine and pink pepper extract. It works in synergy and enhances the action of anti-cellulite creams.

150 ml e 5.07 fl.oz.



every day
morning and evening



CREAM GEL

reshaping gel cream

91.9% natural-origin ingredients

For edematous cellulite.

Counteracts water retention thanks to ivy extract, aescin, pure caffeine and a liposomal structure for better penetration of active ingredients.

200 ml e 6.76 fl.oz.



every day
morning and evening



THERMO CREAM

thermogenic cream

86.4% natural-origin ingredients

For adipose cellulite.

Generates localized heat and helps to burn fat thanks to the single-cell microalgae and pure caffeine.

200 ml e 6.76 fl.oz.



twice
a week

NEW



THERMAL MUD

remodeling body mud

98.7% natural-origin ingredients

For all types of cellulite.

Intensive draining and reshaping treatment thanks to the triple action of algae, essential oils and thermal water from Bormio Terme S.p.A from the Cinghaccia spring.

200 ml e 6.76 fl.oz.



twice
a week

NEW



CAFFEINE SHOT

remodeling concentrate

95,2% natural-origin ingredients

For all types of cellulite.

Concentrated solution with 3% caffeine, dragon's eye extract and hesperidin with lipolytic action. Recommended in the presence of cellulite blemishes for an intensive remodeling action. To be used in synergy with Body Strategist cellulite products.

4 x 10 ml e 4 x 0.34 fl.oz.



BEAUTY ROUTINE

TONE

every day morning and evening
whole body



CONTOUR CREAM

moisturizing toning cream

94.4% natural-origin ingredients

For dehydrated skin and a silhouette in need of reshaping. Light texture for an immediate feeling of firmness and a more toned appearance thanks to the HIGH-DEFINITION COMPLEX.

200 ml e 6.76 fl.oz.



every day morning and evening
whole body



D-AGE CREAM

nourishing firming cream

91.6% natural-origin ingredients

For very dry skin with loss of elasticity, firmness and signs of aging. With hydrolyzed green walnut extract and boswellic acid for deep nourishing and keeping the skin more elastic.

180 ml e 6.35 fl.oz.



every day
localized areas



OIL

elasticizing oil

88.7% natural-origin ingredients

For stretch marks and loss of localized elasticity. With organic tamanu oil, sweet almond oil, centella asiatica and vitamin E.

100 ml e 3.38 fl.oz.



every day
legs



CRYO LEG GEL

refreshing leg gel

95.67% natural-origin ingredients

Product specially formulated to relieve the feeling of heaviness in tired and weary legs, with hesperidin and aescin. Provides an immediate and long-lasting refreshing effect.

200 ml e 6.76 fl.oz.



once a week



TONE SHOT

toning concentrate

98.7% natural-origin ingredients

Perfect for tissue laxity and loss of fullness and firmness. The cocktail of botanical active ingredients rich in prunella vulgaris and celosia cristata is ideal for an effective firming action on the delicate breast, chest and inner arm areas. To be used in synergy with Body Stretgist tone products.

4 x 10 ml e 4 x 0.34 fl.oz.



every day,
morning and evening



BUST SERUM

bust firming serum

97.9% natural-origin ingredients

Product with a toning and firming effect for the bust area. Containing encapsulated ornithine and tamanu oil, it gives a smoother appearance and promotes immediate toning and hydrating effect.

100 ml e 3.38 fl.oz.



BEAUTY ROUTINE RECOVERY

for muscle aches and pains



ARNICA massage cream

98.9% natural-origin ingredients

Gel cream with a calibrated thermogenic effect to reduce muscle fatigue and aches, providing immediate relief. Perfect for sports enthusiasts. Crafted with arnica montana extract, to provide calming properties, and benzyl

nicotinate, to promote absorption of active ingredients and relieve muscle tension, and menthol, camphor and eucalyptol for an immediate feeling of relief and lightness.

150 ml e 5.07 fl.oz.





BODY TREATMENTS

THE 3-STEP METHOD



[comfort zone] believes in an integrated approach to beauty and well-being to achieve visible, long-lasting results in the shortest possible time.

Ask for a consultation with your esthetician who will find the most suitable treatment for your needs, thanks to their experience with Body Test and the BodyWellness Method, which combines professional treatments along with advanced technologies for enhanced results.



[comfort zone] Body Wellness Method consists of 3 steps:

1. PREPARE AND CALM

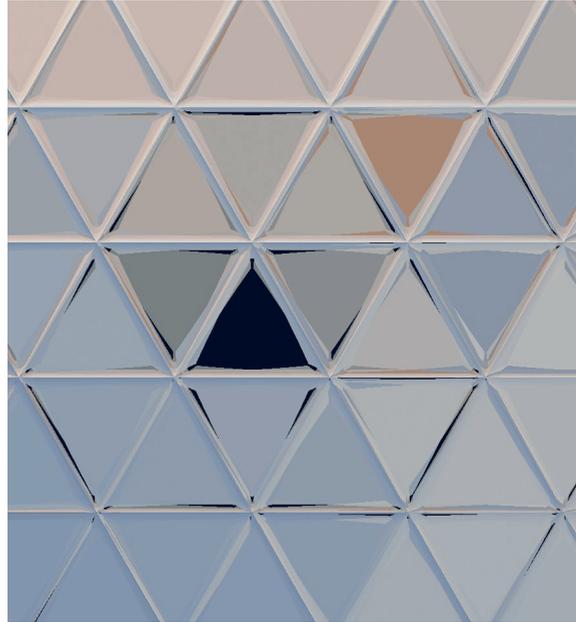
Exfoliate, preparing the skin to increase absorption of the active ingredients in the products and treatments.

2. DETOX

Remove toxins, stimulate the metabolism and restore energy and vitality.

3. SCULPT & SLIM

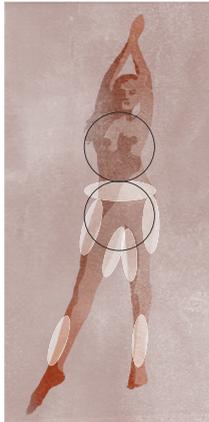
Stimulate fat-burning, reshape and reduce cellulite.



WHAT MORPHOTYPE ARE YOU?

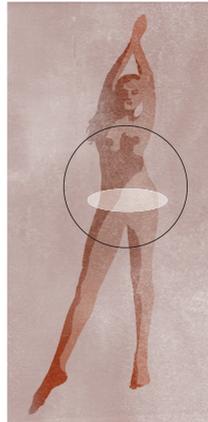
A SOLUTION FOR EACH ONE

Knowing your morphotype is essential for choosing the most appropriate and effective strategy.



GYNOID MORPHOTYPE

Adipose tissue is mainly distributed on the lower half, while the bone structure of the pelvis is accentuated compared to the shoulders. This morphotype is therefore more prone to cellulite and loss of tone in the hips, thighs, knees and ankles.



ANDROID MORPHOTYPE

Adipose tissue mainly in the upper half of the body. This morphotype is prone to aesthetic problems such as cellulite and loss of tone in the abdomen and waist area.

RECOMMENDED PRODUCTS

ATTACK SERUM in combination with CREAM GEL or THERMO CREAM on the abdomen, buttocks, legs and hips.

CRYO LEG GEL on the legs and ankles.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the buttocks and legs.

CONTOUR CREAM or D-AGE and OIL on the legs, abdomen, buttocks and hips.

RECOMMENDED PRODUCTS

ATTACK SERUM in combination with CREAM GEL or THERMO CREAM on the abdomen and hips.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the abdomen and hips.

CONTOUR CREAM or D-AGE and OIL on the arms, abdomen and buttocks.



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conscious skin science

Find out more about our products, treatments and lifestyle tips on
www.comfortzoneskin.com