

[comfort zone]
TRANQUILLITY™

aromatic
nourishing system

SYSTEM DOSSIER

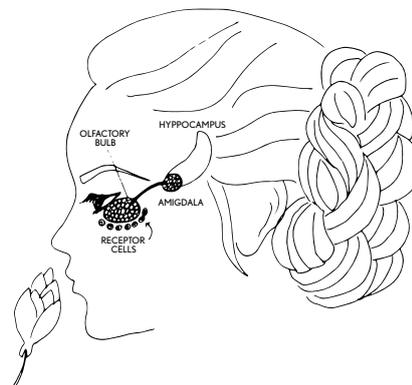


THE OLFACTORY PATHWAY

"There are perfumes as cool as the flesh of children, sweet as oboes, green as meadows... and others are corrupt, and rich, and triumphant, with the power to expand into infinity, like amber and incense, musk, and benzoin, that sing of the ecstasy of the soul and senses".
(Charles Baudelaire)

Our sense of smell (olfaction), often wrongly considered a sense of secondary importance, is actually a preferential pathway of connection between the outside and the inside, between the real world that surrounds us and our inner world of emotions and neuro-vegetative responses. For this reason, the involvement of olfaction could be a valuable ally in the search for psycho-physical balance and wellbeing.

THE OLFACTORY PERCEPTION



What happens when an essence reaches the nose? The use of natural-origin essences dates back to ancient times. Their mechanism of action was an ongoing mystery until Richard Axel and Linda B. Buck, Nobel prize winners for their discovery in this sector in 2004, revealed the functioning of our olfactory system.

Forming the basis of olfactory perception is a large gene family, from which originate numerous receptor cells, primarily located in the superior olfactory epithelial of the nasal cavity. These cells are highly specialized and capable of capturing the multiple molecules we inhale. The receptor cells then send subtle nervous messages directly to the olfactory bulb, the primary area in the brain dedicated to smell, where the first elaboration is made. Information gets combined, forming an "interpretation" of odors and aromas which creates the base of the olfactory memory.

At this point, the olfactory stimulus could take two paths: one goes towards the thalamus and is involved in cognitive interpretation; the other goes directly to the limbic system, which has the role of controlling the emotions, and to the hippocampus, which is responsible for memory. This second pathway, connected to our most ancient brain, permits an immediate response which can reactivate, or on the contrary, disarm the mechanisms of fight or flight and therefore favors profound relaxation.

In simple words, thanks to the two olfactory pathways, we can explain the strict relationship between the smell stimulus and our state of mind, our memory, and our behavioral and biological reactions, and this helps to explain why some aromas or odors attract or repel.

ESSENTIAL OILS

When stimulated for a beneficial purpose, the sense of smell is a powerful ally to realign the nervous and endocrine systems and to render the mind and body ready for a relaxing, rebalancing experience.

Products of the plant's metabolism, essential oils are found, in the form of miniscule droplets, in leaves, resins, branches, bark, flowers, roots and peels of fruits.

They are considered the soul of the plant, as they result, by means of special processes of the extraction, from the energetic essence of the plant itself. Their action is never only limited and highly specific, but a true systemic treatment.

The composition of a natural essence is much more complex than the sum of its components. In fact, essences chemically reproduced in the laboratory generate a mix only apparently similar to the original, with different effects and limitations.

TRANQUILLITY™

AROMATHERAPY

The use of essential oils offers a treatment defined as Aromatherapy, active on the skin, on the nervous system, influencing the physical functions, the mood and the emotions in a positive way.

Aromatherapy is a natural, intensive treatment, useful in resolving concerns of different nature, whether it be physical - skin imperfections, muscular pain - or one's emotional disposition (mood).

TRANQUILLITY™ PROFESSIONAL AND HOMECARE

Having always been aware of this ancient wisdom that today is given more validity and value thanks to research and advanced studies in the scientific realms, [comfort zone] revisits and proposes Tranquillity™, a line which was born along with the brand in 1996 and gained immediate "iconic" recognition for its integrated approach. The characteristic Tranquillity™ blend, always used at the beginning of all [comfort zone] treatments, contributes in contrasting the frenzy of modern day life and relaxes mind and body thanks to its soft, embracing notes of essential oils. The same aromatic bouquet is found in the full professional offer as well as in the homecare products for bath and body care, which are further enriched with a hand cream to complete the aromatic, nourishing, anti-stress ritual. All the formulas have been reviewed according to the new "Science-Based Conscious Formulas™" formulative approach, without silicones and SLES and with up to 96% natural-origin ingredients. The choice of sustainable packaging and electricity from renewable resources completes this important restyling.

SCIENCE-BASED CONSCIOUS FORMULAS™

Since skincare products feed and nourish the skin, we are extremely rigorous about what we put into our formulas. We select the finest natural-origin ingredients and oils, the most advanced high-tech molecules and carrier systems. Every ingredient is consciously chosen to guarantee the maximum efficacy, safety and sensoriality of our products. Silicones have been substituted with natural oils and butters, which provide silkiness, softness and "real active beauty" for the skin.

Our products are made in Italy with electricity from renewable resources. The packaging is entirely recyclable and has been produced with as minimal impact on the environment as possible, reducing the use of superfluous raw materials and components.



FREE FROM
SILICONES, PARABENS,
MINERAL OILS, ARTIFICIAL COLORS,
ANIMAL DERIVATIVES



TRANQUILLITY™

ACTIVE INGREDIENTS AND “SILKY TOUCH” TEXTURE

EXCLUSIVE BLEND OF ESSENTIAL OILS, primarily composed of cedarwood and sweet orange, helps to balance mind and body, calming and contrasting stress and tension. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, offering an unmistakable embracing and relaxing olfactory identity. The aromatic notes of Tranquillity™, present in all the products, are captured by the olfactory receptors and directly reach the limbic system, stimulating the production of messenger molecules which act on the emotions.

AMARANTH OIL, a plant native to Central America and characterized by its red flowers. Thanks to its elevated nutritional value, it was used by the Aztecs and Incas as a dietary staple, revered and known as the “gold of the Incas”. Amaranth has made its comeback due to the fact that it does not contain gluten and is rich in proteins, making it ideal for modern dietary regimes. Its use in cosmetics has also been noted thanks to its composition, which renders it very similar to the skin, and specifically adapted to the treatment of very dry skin. Rich in squalene and tocotrienols, it restores the hydrolipidic film, preserving the skin's elasticity and beauty.

SILKY TOUCH TEXTURES soft and embracing, nourish and render the skin silky, thanks to a high concentration of oils and butters which bestows extraordinary pleasure and efficacy.

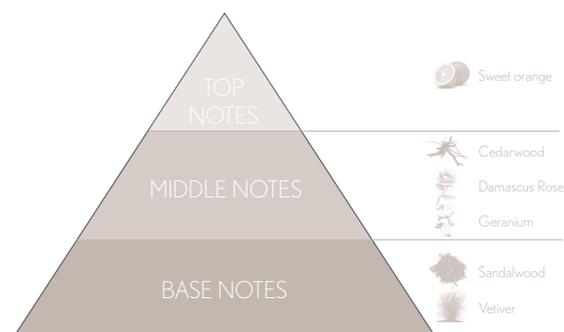
TRANQUILLITY™ PRO-SLEEP MASSAGE

To complete the relaunch of the line, we have created a new professional treatment, TRANQUILLITY™ PRO-SLEEP MASSAGE, which, besides the olfactory pathway, involves the senses of both touch and hearing. The exclusive manualities, accompanied by the bespoke Tranquillity™ Sound synergistically intensify the profound relaxing benefits of the blend and promote a sense of deep relaxation and rest.

THE OLFACTORY PYRAMID

TRANQUILLITY™ is [comfort zone]'s celebrated aromatic bouquet, loved for its exclusive, distinctive, olfactory soul, fruit of a subtle union of sparkling notes rounded with warm woody notes throughout the perfume. The exclusive fragrance is described as having a head which is slightly aldehyde, citrusy and lightly floral, with a body and base infused with vanilla and woody notes.

The notes of cedarwood, intense, sweet and woody, combine with the more sparkling notes of sweet orange and Damascus rose, which constitute the head and body of the perfume. The essential oils of sandalwood, sweet, slightly balsamic and incense, fix the base, and with notes of geranium and vetiver, create the tail of the perfume. A hint of vanilla warms and harmonizes.



INTEGRATED APPROACH



TRANQUILLITY™ proposes an integrated approach which combines the use of home-care products and a professional treatment, with nutritional and lifestyle advice to alleviate stress and favor relaxation and harmony for mind and body.

COMBAT STRESS TIPS FOR YOUR DAILY ROUTINE

TRY AROMATHERAPY

Essential oils are a proven way to quell an upcoming wave of stress and redirect your focus. Keep our Tranquillity™ Blend nearby and during moments of stress, apply a few drops to your pulse points and take 3 deep breaths. This relaxes your mind and brings you back to the present moment. When at home prepare a hot bath with a few drops of Tranquillity™ Oil, or create a relaxing ambience with the Tranquillity™ Candle or Spray.

GET MOVING!

Do anything to get your blood moving and raise your heart rate. Find an activity that works for you, be it running, walking, yoga, pilates, dancing, hiking or whatever else. Enjoying these activities in nature is an added benefit.

DRINK SUPPORTIVE TEAS

Sipping herbal teas with adaptogenic relaxing properties, such as ginseng, hawthorn, verbena or lemon balm, is recommended to help alleviate fatigue, instill calm into your day and elevate your mood.

PRACTICE BREATHWORK

Knowing how to control your breath is essential for balancing your body. It is calming and cultivates awareness - key benefits if you struggle with insomnia, hyperactivity, anxiety or depression.

1. Sit in a comfortable position with your back straight. Close your eyes.
2. Place your left hand on your thigh. With the thumb of your right hand, close your right nostril. Exhale through your left nostril and then inhale through your left nostril.
3. With your middle finger of your right hand, close your left nostril and exhale through your right nostril and then inhale through your right nostril.

Continue alternating your nostrils, with 10 repetitions each side. Breathing should be natural, but slower and deeper than usual.

COLOR

To offset stress, relax with one of childhood's most time-honored traditions: coloring. Coloring books especially created for adults are very popular and they develop concentration and offer stress detoxification.

SELF-MASSAGE AND MEDITATION

At bedtime, try our Tranquillity™ Sound and self-massage that quiets your mind, soothes muscular tensions and promotes tranquil sleep.

Visit www.comfortzone.it/en/tranquillity-time
to download the coloring book, the video and the sound.



NUTRITIONAL ADVICE FOOD TO DE-STRESS

Eating a proper diet provides key nutrients which positively influence your body's auto-regulating systems and help to control stress.

BE AWARE OF YOUR LEVELS OF CORTISOL Production of this hormone increases under severe psycho-physical stressful conditions, such as long-term fasting or poor dietary habits. Eat at least 5 small meals per day, including a breakfast rich in complex carbohydrates such as oats, cereals and whole grain breads.

REDUCE STIMULATING SUBSTANCES Coffee, tea, and foods rich in fats and sugars can aggravate your body and slow the digestive process which is detrimental to your health. Healthy eating practices will keep your system in top working order.

YES TO VITAMIN B

Fundamentally, this amazing vitamin transforms food into available energy, which is necessary when under stress. Vitamin B can be found in whole wheat grains, which provide carbohydrates with a low glycemic index, regulating the blood sugar, thereby protecting you from unexpected drops in energy. Amaranth, legumes, eggs, citrus fruits, vegetables and lean organic meat are also rich sources of Vitamin B.

YES TO MAGNESIUM AND ZINC

These substances, which diminish drastically when under stress, are essential for improving your mood. Foods rich in these minerals are whole grain cereals, legumes, fruit with shells/husks, green leafy vegetables, almond milk and dark chocolate.

COMBAT FREE RADICALS

Stress causes toxic molecules, otherwise known as free radicals. Eating foods rich in antioxidants, especially fresh seasonal fruits and vegetables, in conjunction with green tea or spices such as turmeric and chili, help neutralize free radicals and reduce tiredness and fatigue. Choosing foods rich in omega 3s, such as cold water fish, dried fruit, and fatty seeds, is also important.

TRANQUILLITY™

THE BEAUTY AND WELLBEING ROUTINE

AT ANY TIME, WHENEVER NEEDED	 BLEND	In pure form on wrists or neck, or added to body products.
FOR A RELAXING BATH	 OIL	Pour a few drops into the bath.
CLEANSING UNDER THE SHOWER	 SHOWER CREAM	With a sponge or directly on the body.
NOURISHMENT AFTER CLEANSING	 BODY CREAM	For depleted skins and harsh climates.
	 BODY LOTION	For hot, humid climates and for quick absorption.
	 OIL	For all skins and seasons.
FOR THE HANDS	 HAND CREAM	For all skins and seasons.

TRANQUILLITY™

HOME CARE

BLEND aromatic oil blend



pH 5-6

PACKAGING
bottle
SIZE
50 ml

PRODUCT

A blend of essential oils of cedarwood and sweet orange, intentionally created to favor profound relaxation and refound harmony during the day or before nighttime rest.

SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 80% natural-origin ingredients.

CHARACTERISTICS

A blend which draws on the benefits of aromatherapy to bestow an immediate sensation of mental and physical wellbeing, helping to balance the frenzy of modern life.

STRENGTHS

ANTI-STRESS BLEND alleviates the state of tension and induces relaxation and rest.

ICONIC PERFUME which may be used as an alternative to your personal perfume.

VERSATILE USE in its pure form or added to body creams.

HOW IT WORKS

ESSENTIAL OILS An exclusive blend, primarily consisting of cedarwood and sweet orange, helps to balance mind and body, to counteract states of stress and tension, and restore serenity. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, providing an unmistakable olfactory identity, at once embracing and relaxing. The notes of the exclusive Tranquillity™ aromatic bouquet are captured by the olfactory receptors and from there are transferred to the amygdala, stimulating the production of messenger molecules which act on the emotions.

HOW TO USE

PURE apply a few drops to pulse points, neck or behind the ears.

DILUTED dilute a few drops in body cream or body lotion for a more intense aromatherapeutic action.

RECOMMENDED

For everyone, to enjoy a moment of wellbeing, alleviate stress and improve the quality of rest.

COMPLEMENTARY PRODUCTS



OIL



SHOWER CREAM



BODY CREAM or BODY LOTION



HAND CREAM



TRANQUILLITY™

HOME CARE

SHOWER CREAM

aromatic shower cream



pH 4.8-5.5

PACKAGING
tube
SIZE
200 ml

PRODUCT

A shower cream with remarkable hydrating properties, it leaves the skin silky and pleasantly scented. Cleanses even the most delicate skins thanks to the nourishing amaranth oil, and favors an immediate sensation of wellbeing owing to the exclusive blend of essential oils. SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 88% natural-origin ingredients.

CHARACTERISTICS

The creamy texture with a silky effect ensures sensorial pleasurable cleansing which leaves the skin soft, hydrated and pleasantly scented. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the state of stress and tension and rebalances body and mind.

STRENGTHS

CREAMY TEXTURE
SILKY-TOUCH EFFECT
ANTI-STRESS BLEND
FREE FROM SILICONES for "real active beauty"
FREE FROM SLES for delicate cleansing

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes to restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

ESSENTIAL OILS An exclusive blend, primarily consisting of cedarwood and sweet orange, helps to balance mind and body, to counteract states of stress and tension, and restore serenity. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, providing an unmistakable olfactory identity, at once embracing and relaxing. The notes of the exclusive Tranquillity™ aromatic bouquet are captured by the olfactory receptors and from there are transferred to the amygdala, stimulating the production of messenger molecules which act on the emotions.

HOW TO USE

Every day, apply to the palms of your hands, emulsify with water and apply to the body with circular movements, or otherwise apply with a wet sponge. Rinse.

RECOMMENDED

For all skins. In particular, recommended at the end of the day as a gesture of delicate cleansing which calms and alleviates stress.

DERMATOLOGICALLY TESTED

COMPLEMENTARY PRODUCTS



BLEND

OIL

BODY CREAM or BODY LOTION

HAND CREAM

TRANQUILLITY™

HOME CARE

OIL bath and body aromatic nourishing oil



PACKAGING
bottle
SIZE
200 ml

PRODUCT

An aromatic, silky oil for the bath and for the body. With nourishing amaranth oil and an exclusive blend of essential oils which favor an immediate sensation of wellbeing.

SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 89% natural-origin ingredients.

CHARACTERISTICS

A versatile and innovative formulation, which, thanks to its ability to transform when in contact with water, offers a multiplicity of uses. Applied directly to the body, it is a nourishing oil which bestows a silky effect to the tissues, without leaving the skin oily. Diluted in water, it transforms from an oil into a milky fluid. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the state of stress and tension and rebalances body and mind.

STRENGTHS

TRANSFORMING TEXTURE from oil into milk

SILKY-TOUCH EFFECT

ANTI-STRESS BLEND

FREE FROM SILICONES for "real active beauty"

FREE FROM SLES for delicate cleansing

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes in restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

ESSENTIAL OILS An exclusive blend, primarily consisting of cedarwood and sweet orange, helps to balance mind and body, to counteract states of stress and tension, and restore serenity. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, providing an unmistakable olfactory identity, at once embracing and relaxing. The notes of the exclusive Tranquillity™ aromatic bouquet are captured by the olfactory receptors and from there are transferred to the amygdala, stimulating the production of messenger molecules which act on the emotions.

HOW TO USE

For the bath: Pour an adequate amount of oil, according to the intensity of the perfume desired, into a bath or hydrotherapy tub.

For the body: Massage directly into the skin as a nourishing oil.

Extra suggestion: Add a few drops of oil into the Tranquillity™ body cream or body lotion to intensify the aromachological and nourishing action.

RECOMMENDED

For all skins. In particular, at the end of the day as a body treatment which calms and alleviates stress.

COMPLEMENTARY PRODUCTS



BLEND

SHOWER CREAM

BODY CREAM or BODY LOTION

HAND CREAM

TRANQUILLITY™

HOME CARE

BODY LOTION

aromatic moisturizing
body lotion



pH 5.5-6.3

PACKAGING
tube
SIZE
200 ml

PRODUCT

An aromatic, silky body emulsion with a light, hydrating texture, particularly suited to those who love products that absorb quickly and for hot, humid climates. With nourishing amaranth oil and an exclusive blend of essential oils which favor an immediate sensation of wellbeing. SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 92% natural-origin ingredients.

CHARACTERISTICS

A light emulsion which is quickly absorbed. Hydrates the skin, leaving it velvety and silky. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the states of stress and tension and rebalances body and mind.

STRENGTHS

EXPRESS ABSORPTION TEXTURE which hydrates without being heavy, quickly absorbed
SILKY-TOUCH EFFECT
ANTI-STRESS BLEND
FREE FROM SILICONES for "real active beauty"

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes in restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

ESSENTIAL OILS An exclusive blend, primarily consisting of cedarwood and sweet orange, helps to balance mind and body, to counteract states of stress and tension, and restore serenity. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, providing an unmistakable olfactory identity, at once embracing and relaxing. The notes of the exclusive Tranquillity™ aromatic bouquet are captured by the olfactory receptors and from there are transferred to the amygdala, stimulating the production of messenger molecules which act on the emotions.

HOW TO USE

Every day, after a bath or shower. Apply to the entire body and massage until completely absorbed.

RECOMMENDED

For those who love light, hydrating lotions which absorb quickly. Suited to hot and humid climates, ideal at the end of the day to calm and alleviate stress.

DERMATOLOGICALLY TESTED

COMPLEMENTARY PRODUCTS



TRANQUILLITY™

HOME CARE

BODY CREAM

aromatic nourishing
body cream



pH 5.5-6.3

PACKAGING

vase
SIZE
180 ml

PRODUCT

A rich, nourishing, aromatic, body cream which is extremely enveloping. It fuses with the skin, bestowing silkiness and sensation of comfort. With nourishing amaranth oil and an exclusive blend of essential oils which favor an immediate sensation of wellbeing. SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 87% natural-origin ingredients.

CHARACTERISTICS

The rich and precious texture lends itself to being massaged and contributes in rendering the beauty routine a true ritual of beauty and wellbeing. The cream, with its silky effect, profoundly hydrates even the driest skins. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the states of stress and tension and rebalances body and mind.

STRENGTHS

RICH MASSAGE TEXTURE for a true beauty ritual
SILKY-TOUCH EFFECT
ANTI-STRESS BLEND
FREE FROM SILICONES for "real active beauty"

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes in restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

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HOW TO USE

Every day, after a bath or shower. Apply to the entire body and massage until completely absorbed.

RECOMMENDED

For all skins and in particular those which are very dry and in temperate and cold climates. Ideal at the end of the day to calm and alleviate stress.

DERMATOLOGICALLY TESTED

COMPLEMENTARY PRODUCTS



BLEND

OIL

SHOWER CREAM

BODY LOTION

HAND CREAM

TRANQUILLITY™

HOME CARE

HAND CREAM

nourishing protective
hand cream



pH 5.5-6.3

PACKAGING
tube
SIZE
75 ml

PRODUCT

Light but nourishing hand cream, which is quickly absorbed and is not oily. With amaranth oil and an exclusive blend of essential oils, it favors an immediate sensation of wellbeing.

SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 96% natural-origin ingredients.

CHARACTERISTICS

Nourishing texture which repairs and protects the hands against environmental aggressions and skin aging. Light and quickly absorbed, it bestows a silky effect and leaves the skin soft and pleasantly scented. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the states of stress and tension and rebalances body and mind.

STRENGTHS

LIGHT TEXTURE WHICH IS NOT OILY

SILKY-TOUCH EFFECT

ANTI-STRESS BLEND

FREE FROM SILICONES for "real active beauty"

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes in restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

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HOW TO USE

Every day and whenever the hands need nourishment and protection. Apply to the back of the hands and massage until completely absorbed.

RECOMMENDED

For all skins, especially for those that are very dry.

COMPLEMENTARY PRODUCTS



BLEND

OIL

SHOWER CREAM

BODY CREAM or BODY LOTION

TRANQUILLITY™ PROFESSIONAL

OIL
aromatic nourishing
body oil



PACKAGING
bottle
SIZE
950 ml

PRODUCT

An aromatic, silky oil for the bath and body, with nourishing amaranth oil and an exclusive blend of essential oils which favors an immediate sensation of wellbeing.

SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 89% natural-origin ingredients.

CHARACTERISTICS

Innovative nourishing oil which bestows the tissues with a silky effect, without being heavy. Massaged with the use of brushes during the body ritual, and thanks to the exclusive blend, it alleviates the state of tension and stress, promoting serenity and equilibrium for body and mind.

STRENGTHS

SILKY-TOUCH EFFECT

ANTI-STRESS BLEND

FREE FROM SILICONES for "real active beauty"

FREE FROM SLES ideal in hydrotubs or jacuzzis.

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HOW TO USE

Use 25ml of pure oil and follow the indications on the Tranquillity™ technical treatment sheet.

RECOMMENDED

For all skins and for all seasons.

DERMATOLOGICALLY TESTED

COMPLEMENTARY PRODUCTS



BLEND



BODY CREAM



HAND CREAM

TRANQUILLITY™ PROFESSIONAL

BODY CREAM aromatic nourishing massage cream



pH 5.5-6.3

PACKAGING

vase

SIZE
500 ml

PRODUCT

A rich, nourishing, aromatic, body cream which is extremely enveloping and ideal for massage. It fuses with the skin, bestowing silkiness and sensation of comfort. With nourishing amaranth oil and an exclusive blend of essential oils, it favors an immediate sensation of wellbeing. SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 87% natural-origin ingredients.

CHARACTERISTICS

The rich and precious texture lends itself to being massaged. The cream, with its silky effect, profoundly hydrates even the driest skins. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the states of stress and tension and rebalances body and mind.

STRENGTHS

RICH MASSAGE TEXTURE for a true beauty and wellbeing ritual
SILKY-TOUCH EFFECT
ANTI-STRESS BLEND
FREE FROM SILICONES for "real active beauty"

HOW IT WORKS

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HOW TO USE

Use an appropriate amount of product and follow the indications on the Tranquillity™ technical treatment sheet.

RECOMMENDED

For all skins, especially for those that are very dry and for temperate and cold climates.

DERMATOLOGICALLY TESTED

COMPLEMENTARY PRODUCTS



BLEND



OIL



HAND CREAM

TRANQUILLITY™ PROFESSIONAL

HAND CREAM nourishing protective hand cream



pH 5.5-6.3

PACKAGING
tube
SIZE
250 ml

PRODUCT

Light but nourishing hand cream, which is quickly absorbed and is not oily. With amaranth oil and an exclusive blend of essential oils, it favors an immediate sensation of wellbeing.

SCIENCE-BASED CONSCIOUS FORMULAS™, free from silicones and with 96% natural-origin ingredients.

CHARACTERISTICS

Nourishing texture which repairs and protects the hands against environmental aggressions and skin aging. Light and quickly absorbed, it bestows a silky effect and leaves the skin soft and pleasantly scented. The exclusive blend, thanks to its reassuring aromatic notes, alleviates the states of stress and tension and rebalances body and mind.

STRENGTHS

LIGHT NOURISHING CREAM

SILKY-TOUCH EFFECT

ANTI-STRESS BLEND

FREE FROM SILICONES for "real active beauty"

HOW IT WORKS

AMARANTH OIL Amaranth is a food rich in beneficial properties and is considered a superfood cereal thanks to its high content of proteins and the absence of gluten. The cosmetic oil has a high concentration of squalene, fatty acids and alpha-tocopherols and contributes in restoring the cellular barrier. Squalene is a component of the skin's hydrolipidic film, and together with the fatty acids, helps maintain the skin's hydration, contrasting the evaporation of water. The content of alpha-tocopherols has an antioxidant action which renders the tissues more protected from the aging processes.

ESSENTIAL OILS An exclusive blend, primarily consisting of cedarwood and sweet orange, helps to balance mind and body, to counteract states of stress and tension, and restore serenity. The essential oils of rose, sandalwood, geranium and vetiver complete the bouquet, providing an unmistakable olfactory identity, at once embracing and relaxing. The notes of the exclusive Tranquillity™ aromatic bouquet are captured by the olfactory receptors and from there are transferred to the amygdala, stimulating the production of messenger molecules which act on the emotions.

HOW TO USE

Apply to the back of the hands and massage until completely absorbed. Follow the indications on the technical treatment sheet.

RECOMMENDED

For all skins, especially for those that are very dry.

COMPLEMENTARY PRODUCTS



BLEND



OIL



BODY CREAM

TRANQUILLITY™

PRO-SLEEP MESSAGE

TREATMENT PURPOSE

An innovative massage acting on three different sensorial pathways for profound relaxation, favoring sleep and helping to recover jetlag side-effects. The synergy of a unique blend of essential oils, the bespoke Tranquillity™ Sound, Ayurvedic and Indonesian Sea Malay manualities combined with the use of soft brushes, gently guide the way to achieve a quiet and peaceful mind and body state.

RECOMMENDED

Recommended for those who feel stressed, unable to relax and have problems sleeping well. Ideal after long flights or travelling to a new time zone.

BENEFITS

Quiet mind and sensation of absolute relaxation.
Favoring rest and profound sleep.
Hydrated and silky skin.

DURATION

60 minutes

WARNINGS

Avoid during pregnancy and breastfeeding due to the use of essential oils.

PROFESSIONAL PRODUCTS

TRANQUILLITY™ SOUND
TRANQUILLITY™ BLEND
TRANQUILLITY™ OIL
TRANQUILLITY™ BODY CREAM
TRANQUILLITY™ BRUSHES, SPOON AND OIL HEATER AND TRAY

TREATMENT STEPS

Follow the indications in the TRANQUILLITY™ PRO-SLEEP MESSAGE DOSSIER.

CLOSING

Offer a cup of herbal tea or longevity juice with the prescription card indicating the selected products to extend the treatment benefits also at home.

TRANQUILLITY™

FACE & BODY RITUAL

TREATMENT PURPOSE	A unique deep tissue aromatherapy face and body massage, decontracting tense muscles and relieving tensions for a pleasant experience of wellbeing.
RECOMMENDED	For everyone experiencing muscle tension. Ideal for dry and depleted skins.
BENEFITS	Improved circulation and oxygenation of face and body tissues. Well-nourished face and body skin. De-stressing, wellbeing treatment.
DURATION	60 minutes
WARNINGS	Avoid during pregnancy and breastfeeding due to the use of essential oils.
PROFESSIONAL PRODUCTS	TRANQUILLITY™ BLEND TRANQUILLITY™ OIL RECOVER TOUCH MASSAGE CREAM TRANQUILLITY™ BODY CREAM
OPENING	<p>TREATMENT STEPS</p> <p>Start with the guest face down. Begin with TRANQUILLITY™ WELCOME ritual for the back of the body as described in the technical sheets.</p> <ol style="list-style-type: none">1. Apply the TRANQUILLITY™ OIL with delicate massage strokes, or with the use of the brush, apply to the spine, palms of hands and feet and then to the rest of the back of the body.2. Then proceed with applying TRANQUILLITY™ BODY CREAM to the back of body and proceed with the appropriate massage techniques.3. Ask the guest to turn over and proceed with application of TRANQUILLITY™ OIL to the front of the body, in long strokes up the centre line from pubic bone to sternum, pressing the oil in gently to this centre line and then apply oil to the rest of the front of the body.4. Proceed with applying TRANQUILLITY™ BODY CREAM and proceed with appropriate massage techniques.5. Complete the treatment by massaging the face with RECOVER TOUCH MASSAGE CREAM with techniques of your choice and suited to your guest.
CLOSING	Offer a cup of herbal tea or longevity juice with the prescription card indicating the selected products to extend the treatment benefits also at home.

TRANQUILLITY™

AT A GLANCE - HOME CARE

Aromatic nourishing bath and body system with an exclusive blend of essential oils that alleviates stress for a sense of profound tranquility and wellbeing.

AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, restores the skin barrier.

CEDARWOOD ESSENTIAL OIL calming anti-stress.

SWEET ORANGE ESSENTIAL OIL relaxing.

	PRODUCTS	DESCRIPTION	INGREDIENTS & ACTIONS	RESULTS	SELLING TIPS	LINK PRODUCTS
NOURISHING EVERY DAY	 <p>TRANQUILLITY™ BLEND 50 ml</p>	<p>blend of aromatic oils</p> <p>favors profound relaxation and restores a sense of harmony during the day and/or before nighttime rest</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free</p> <p>80% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD, SWEET ORANGE, ROSE, SANDALWOOD, GERANIUM AND VETIVER relaxing and calming for mind and body</p>	<p>alleviates tension</p> <p>improves the quality of sleep</p> <p>leaves a pleasant and beneficial aroma on the skin</p>	<p>use it in pure form: apply a few drops to pulse points, neck and behind the ears.</p> <p>use diluted: add a few drops to the body cream or lotion for an enhanced aromatherapeutic action.</p>	 TRANQUILLITY™ SHOWER CREAM  TRANQUILLITY™ OIL  TRANQUILLITY™ BODY LOTION  TRANQUILLITY™ BODY CREAM  TRANQUILLITY™ HAND CREAM
CLEANSING EVERY DAY	 <p>TRANQUILLITY™ SHOWER CREAM pH 4.8-5.5 200 ml</p>	<p>aromatic shower cream</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free SLES-free</p> <p>88% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body</p> <p>AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier</p>	<p>the creamy "silky touch" texture provides gentle cleansing, leaving the skin soft, hydrated and pleasantly scented</p>	<p>suited to all skins</p> <p>especially recommended at the end of the day to calm and alleviate stress.</p>	 TRANQUILLITY™ BLEND  TRANQUILLITY™ OIL  TRANQUILLITY™ BODY LOTION  TRANQUILLITY™ BODY CREAM  TRANQUILLITY™ HAND CREAM
NOURISHING AND CLEANSING EVERY DAY	 <p>TRANQUILLITY™ OIL 200 ml</p>	<p>bath and body aromatic nourishing oil</p> <p>innovative and versatile formula to use in the bath or to apply directly to the body for nourishment</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free SLES-free</p> <p>89% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body</p> <p>AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier</p>	<p>the "silky touch" texture ensures quick absorption, leaving the skin silky but not greasy</p> <p>skin is nourished and pleasantly scented</p>	<p>use in the bath or hydrotub or massage directly into the skin after a bath or shower for nourishment</p> <p>another suggestion: add a few drops into the body lotion or cream to intensify the relaxing and nourishing action</p>	 TRANQUILLITY™ BLEND  TRANQUILLITY™ SHOWER CREAM  TRANQUILLITY™ BODY LOTION  TRANQUILLITY™ BODY CREAM  TRANQUILLITY™ HAND CREAM
NOURISHING EVERY DAY	 <p>TRANQUILLITY™ BODY LOTION pH 5.5-6.3 200 ml</p>	<p>aromatic moisturizing body lotion</p> <p>light emulsion which is quickly absorbed</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free</p> <p>92% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body</p> <p>AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier</p>	<p>the "silky touch" texture provides an exquisite silky sensation</p> <p>skin is hydrated and pleasantly scented</p>	<p>with its light, hydrating texture it is perfect for those who love products which absorb quickly and for hot, humid climates</p>	 TRANQUILLITY™ BLEND  TRANQUILLITY™ SHOWER CREAM  TRANQUILLITY™ OIL  TRANQUILLITY™ BODY CREAM  TRANQUILLITY™ HAND CREAM

TRANQUILLITY™

AT A GLANCE - HOME CARE

Aromatic nourishing bath and body system with an exclusive blend of essential oils that alleviates stress for a sense of profound tranquility and wellbeing.

AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, restores the skin barrier.

CEDARWOOD ESSENTIAL OIL calming anti-stress.

SWEET ORANGE ESSENTIAL OIL relaxing.

	PRODUCTS	DESCRIPTION	INGREDIENTS & ACTIONS	RESULTS	SELLING TIPS	LINK PRODUCTS
NOURISHING EVERY DAY	 <p>TRANQUILLITY™ BODY CREAM pH 5.5-6.3 180 ml</p>	<p>aromatic nourishing body cream</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free</p> <p>87% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body</p> <p>AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier</p>	<p>the "silky touch" texture provides an exquisite silky sensation</p> <p>skin is nourished and pleasantly scented</p>	<p>for all skins and in particular those which are very dry and for cold, temperate climates.</p>	 TRANQUILLITY™ BLEND  TRANQUILLITY™ SHOWER CREAM  TRANQUILLITY™ OIL  TRANQUILLITY™ BODY LOTION  TRANQUILLITY™ HAND CREAM
	 <p>TRANQUILLITY™ HAND CREAM pH 5.5-6.3 75 ml</p>	<p>nourishing, protective hand cream</p> <p>light, quickly absorbing and not greasy</p> <p>SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free</p> <p>96% natural-origin ingredients</p>	<p>ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body</p> <p>AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier</p>	<p>the "silky touch" texture provides an exquisite silky sensation</p> <p>skin is nourished and pleasantly scented</p>	<p>for all skins and in particular those which are very dry</p> <p>the light texture ensures quick absorption</p> <p>as a nourishing nighttime treatment, apply a generous amount of cream and then apply gloves, remove when you get up in the morning.</p>	 TRANQUILLITY™ BLEND  TRANQUILLITY™ SHOWER CREAM  TRANQUILLITY™ OIL  TRANQUILLITY™ BODY LOTION  TRANQUILLITY™ BODY CREAM

TRANQUILLITY™

AT A GLANCE - PROFESSIONAL

Aromatic nourishing professional body care system with an exclusive blend of essential oils that alleviates stress for a sense of profound tranquility and wellbeing.

AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, restores the skin barrier.

CEDARWOOD ESSENTIAL OIL calming anti-stress.

SWEET ORANGE ESSENTIAL OIL relaxing.

	PRODUCTS	DESCRIPTION	INGREDIENTS & ACTIONS	RESULTS	SELLING TIPS
SILKY NOURISHING	 TRANQUILLITY™ OIL 950 ml	aromatic nourishing innovative and versatile formula to use in the bath or to apply directly to the body for nourishment SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free SLES-free 89% natural-origin ingredients	ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier	the "silky touch" texture ensures quick absorption, leaving the skin silky but not greasy skin is nourished and pleasantly scented	suited for nourishing body treatments and can be used in hydrotherapy tubs.
	 TRANQUILLITY™ BODY CREAM pH 5.5-6.3 500 ml	aromatic nourishing body cream SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free 87% natural-origin ingredients	ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier	the "silky touch" texture provides an exquisite silky sensation skin is nourished and pleasantly scented	suited for relaxing, soothing body massage
	 TRANQUILLITY™ HAND CREAM pH 5.5-6.3 250 ml	nourishing protective hand cream light, quickly absorbing and not greasy SCIENCE-BASED CONSCIOUS FORMULAS™ silicone-free 96% natural-origin ingredients	ESSENTIAL OILS of CEDARWOOD and SWEET ORANGE relaxing and calming for mind and body AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, it hydrates, protects and restores the skin barrier	the "silky touch" texture provides an exquisite silky sensation skin is nourished and pleasantly scented	ideal as massage cream in hand treatments, and can be used during facial treatments to massage the hands and arms whilst the facial mask is processing

TRANQUILLITY™

AT A GLANCE - THE TREATMENTS

Aromatic nourishing bath and body system with an exclusive blend of essential oils that alleviates stress for a sense of profound tranquility and wellbeing.

AMARANTH OIL rich in squalene, fatty acids and alpha-tocopherols, restores the skin barrier.

CEDARWOOD ESSENTIAL OIL calming anti-stress.

SWEET ORANGE ESSENTIAL OIL relaxing.

NAME	AIM	INGREDIENTS & RESULTS	SELLING TIPS	NOTES
TRANQUILLITY™ PRO-SLEEP MASSAGE 60 min.	Favoring relaxation, sleep and a faster recovery from jetlag.	Combination of Tranquillity™ bespoke aromatherapy and sound. Massage including Ayurvedic and Sea Malay manualities and the use of brushes.	Recommended for those who feel very stressed, unable to relax and have problems sleeping well.	WARNING Avoid during pregnancy and breastfeeding due to the use of essential oils.
TRANQUILLITY™ FACE AND BODY RITUAL 60 min.	Decontracting muscles and relieving tensions for an overall experience of wellbeing.	Combination of Tranquillity™ bespoke aromatherapy and deep tissue massage according to the guest needs.	Recommended for those who experience muscle tension, and for dry and depleted skin.	WARNING Avoid during pregnancy and breastfeeding due to the use of essential oils.

GLOSSARY

ALPHA-TOCOPHEROLS	Also known as Vitamin E, provides a powerful antioxidant action.
AMARANTH OIL	Rich in squalene, unsaturated fatty acids (they are hydrating and protect against excessive evaporation) and natural alpha-tocopherols (antioxidant), Amaranth oil contributes in providing an optimal skin barrier. In the Tranquillity™ system, the oil which has been used is extracted in a solvent of supercritical Carbon Dioxide (CO ₂) from the spindle-shaped seeds of the Amaranth, and is therefore of a very high quality and purity.
AMYGDALA	A small, nervous formation responsible for the emotions, and in particular those linked to survival (fear, pleasure), that sends impulses to the hypothalamus for the activation of the sympathetic nervous system.
AROMATHERAPY	The therapeutic use of essential oils, obtained from plants, for the improvement of physical and emotional wellbeing.
C-TACTILE FIBERS	Very specific tactile nerve fibers, which are activated by a light, delicate touch and transmit pleasurable and relaxing sensations.
CEDARWOOD ESSENTIAL OIL	Essential oil known for its calming properties.
COCAMIDOPROPYL BETAINE	Delicate surfactant of natural origin.
COCO-CAPRYLATE	Delicate surfactant of natural origin.
COCO-GLUCOSIDE	Delicate surfactant of natural origin.
COCOLYCEERIDES	Delicate surfactant of natural origin.
DAMASCUS ROSE ESSENTIAL OIL	Essential oil noted for its relaxing and sleep-inducing properties.
DECYL GLUCOSIDE	Delicate surfactant of natural origin.
ESSENTIAL OILS	Natural substances of the plant's metabolism which are volatile and aromatic. They are defined as essential oils once they have been obtained from mechanical extraction or steam distillation.
FATTY ACIDS UNSATURATED	Good fats which are naturally found in the human organism and are very important for the skin's health and beauty. They tend to oxidate easily and for this reason it is necessary to reintegrate with cosmetic products and an adequate diet.
GLYCERIN	Natural humectant.
HEXYLDECANOL	Emollient of natural origin.
HEXYLDECYL LAURATE	Emollient of natural origin.
HYDRO-LIPIDIC FILM	Superficial cutaneous film composed of two parts: the lipidic film made up of sebum and epidermal lipids, and the NMF (Natural Moisturizing Factor) which is made up of the non-lipidic substances found in the upper part of the epidermis.
ISOAMYL LAURATE	Emollient of natural origin.
LAURYL GLUCOSIDE	Delicate surfactant of natural origin.
LIMBIC SYSTEM	A set of brain structures which support the integration of emotions, instinct and the behavioral responses connected to survival. It also includes the hippocampus which is responsible for memory.

TRANQUILLITY™

OLEYL ERUCATE

OLFACTORY BULB

OLFACTORY EPITHELIUM

SWEET ORANGE
ESSENTIAL OIL

SANDALWOOD
ESSENTIAL OIL

SHEA BUTTER

SENSORIAL TACTILE FIBERS

SLES
(SODIUM LAURETH SULFATE)

SODIUM
ACRYLATES/BEHENETH-25
METHACRYLATE
CROSSPOLYMER

SODIUM COCOYL GLYCINATE

SODIUM HYDROXIDE

SQUALENE

STRESS

TETRASODIUM
GLUTAMATE DIACETATE

TEXTURE SILKY TOUCH

TOCOPHEROLS

VETIVER ESSENTIAL OIL

GLOSSARY

Emollient of natural origin.

Thanks to the fibers of the olfactory mucus, this is the first point of elaboration of the cerebral hemisphere where olfactory input is received.

A specialized epithelial tissue found in the nasal cavity that includes the olfactory receptors.

Essential oil noted for its anti-stress properties.

Essential oil known for its relaxing properties.

Nourishing, calming and protective.

Receptors which are found in the skin and transmit information involving touch.

Chemical surfactants which are not found in [comfort zone] products because they can be potentially irritating and are not obtained from natural sources.

Gelling agent and emulsifier which has a rich and creamy texture.

Delicate surfactant of natural origin.

Regulates acidity.

One of the most important constituents of sebum, it is an oily substance which maintains the skin hydrated and protects the skin barrier.

The organism's total psycho-physical response to environmental factors, whether it be emotional, cognitive or social. When these factors exceed our adapting and coping capacities, a negative situation manifests and this causes physical and emotional imbalances.

Chelating agent which helps preserve the product.

Soft, cocooning texture, leaves the skin with a silky sensation.

A form of Vitamin E with powerful antioxidant properties.

Essential oil known for its energizing properties.

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