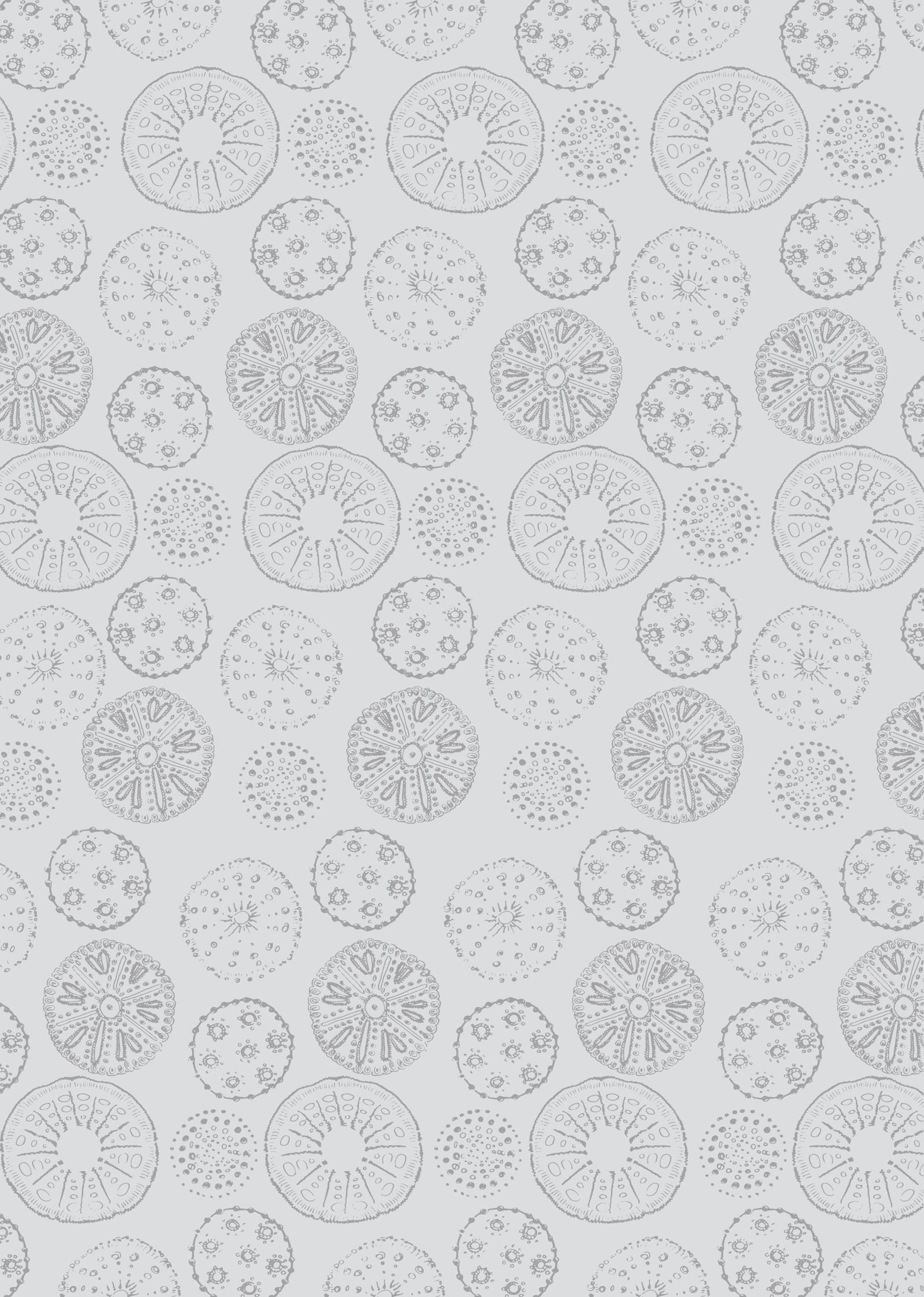


[comfort zone]

BODY STRATEGIST

cellulite and tone

SYSTEM DOSSIER



BODY STRATEGIST

CELLULITE AND TONE

In a market crowded with cosmetic body care products, the most discerning consumers are always looking for effective solutions to treat cellulite and loss of tone that are both innovative and supported by scientific research and clinical trials. Similarly, for more experienced beauty therapists, it is essential to recognize imperfections with precise modern methods and to offer customized courses with intensive treatments and concentrated, active creams that rapidly produce visible results.

Combining science, nature and technology in an increasingly sustainable and effective way, with formulas that work in synergy to enhance the results of treatments and products has been the main goal of **BODY STRATEGIST CELLULITE & TONE**. One of the most successful **[comfort zone]** lines has been developed thanks to the research by the Internal Laboratories and to the contribution of the Scientific Committee, in particular nutridermatologist Dr. Maria Bucci. This collaboration has resulted in a complete 3-step **BODY WELLNESS METHOD** that detoxifies, reshapes and tones with **highly concentrated formulations** combined with **specific manual skills** and the **latest-generation equipment** for precise analysis and deep tissue treatment.

THE DEVICES are innovative MADE IN ITALY treatment technologies – **comfortsauna, pressotherapy, infrared, vacuum, soft laser and radiofrequency** – carefully selected and tested with the supervision of our in-house team of experts and dermatologists.

THE PROFESSIONAL PRODUCTS are characterized by **high concentrations of natural ingredients, textures and various application techniques** (bandages with essential oils, massageable mud and vials to enhance the results of treatments and devices) to provide a specific intensive action combined with a pleasant and varied sensorial experience.

THE HOME CARE RANGE consists of various products for daily or intensive use for the different forms of **edematous, fibrous and adipose cellulite**, an innovative peel and **anti-aging, toning and moisturizing** formulations, specifically designed for different skin conditions and different parts of the body, from the bust to the arms, from the abdomen to the hips. **Advanced conveyance systems**, thanks to their skin-friendly structure or cryo-thermal effect, also guarantee that the specific **active ingredients**, such as pure caffeine, titrated extracts and specific formulas, perform a deep action, working in synergy with subsequently applied products and enhancing the result and visible effects.

CONSCIOUS SKIN SCIENCE

[comfort zone]'s commitment to maximum performance and sustainability drives **research and development**, favoring high concentrations of natural ingredients and choosing not to use silicones, animal derivatives, mineral oils and artificial colors. Guided by continuous improvement, we are gradually eliminating ethoxylates, acrylates and EDTA from our formulas, for an increasingly clean approach. The **products are entirely made in Italy and are carbon-neutral**. They are produced at the Davines Village, the headquarters of the B Corporation-certified Group, with energy from renewable sources. The same attention is paid to packaging, which is designed to be easily recycled, using recycled or renewable raw materials. The packaging is carbon neutral thanks to the company's reforestation and social development initiatives.

BODY STRATEGIST

HOME CARE

PEEL SCRUB

double-action scrub



pH 5.5 - 6.5

PACKAGING

sugar cane plastic tube

SIZE

200 ml

THE PRODUCT

Exfoliating gel with natural silica particles and orange peel and 10% alpha-polyhydroxy acids for an immediate smoothing effect. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 92,2% natural ingredients, without silicones, animal derivatives, mineral oils and artificial colorants.

CHARACERISTICS

The double mechanical and chemical exfoliating action ensures that the skin immediately looks smoother, softer and brighter. It is ideal for applying on dry skin to make the particles act on the surface layers and remove dead cells. You can immediately rinse it or massage it, remove the particles and leave it in place to allow the acids to absorb deeper and to ensure an intensive action.

STRENGTHS

DOUBLE ACTION: MECHANICAL AND CHEMICAL

IMMEDIATE AND INTENSIVE ACTION

QUICK AND EASY TO USE

HOW IT WORKS

ALPHA-POLYHYDROXY ACIDS: the synergy of glycolic acid (3.5%), an alpha-hydroxy acid capable of deep penetration due to its small molecule size, and gluconolactone (6.5%), a polyhydroxy acid that not only stimulates progressive cell renewal, but also retains water molecules and maintains skin hydration. Their combined action separates the corneocytes that form the superficial layer of the epidermis and facilitates their detachment through the subsequent mechanical action.

SILICA PARTICLES and **BITTER ORANGE PEEL** act mechanically, removing keratinized cells, especially in areas where the skin is thicker (such as elbows and knees).

HOW TO USE

Apply the product all over the body, especially on areas that are particularly dry and resistant. Massage with circular movements until fully absorbed. Rinse. For an intensive action do not rinse the product and simply remove the particles with a dry towel. It can be left on for a few hours or all night.

RECOMMENDATIONS

For all skin types, especially dry and rough skin. Ideal all year round as a weekly treatment, it is particularly recommended before the summer, to prepare the skin for sun exposure, and after the holidays, to maintain the skin's softness. It is recommended as an initial step before applying cellulite and tone products.

PRECAUTIONS

This product contains alpha-hydroxy acids that can increase skin sensitivity to the sun and raise the likelihood of sunburn. Before sun exposure, we recommend applying sunscreen to areas where alpha-hydroxy have been used. Avoid contact with the eyes.

EFFECTIVENESS TEST

95% of panelists appreciated the effective exfoliation*

87% felt that their skin was more uniform

panel of 38 women over 28 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST HOME CARE

BAGNI DI MONTALCINO CASTELLO DI VELONA mud with thermal water from Montalcino



PACKAGING
sachet
SIZE
30 g

THE PRODUCT

Massageable draining and reshaping thermal mud for treating cellulite. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 98% natural ingredients, without silicones, animal derivatives, mineral oils, artificial colorants and added fragrances.

CHARACTERISTICS

The mud is characterized by its innovative oily gel texture which makes it possible to easily massage areas with water retention and cellulite, offering optimal penetration of the active ingredients. This synergy reduces the presence of extracellular water, resulting in visible reshaping of the body.

STRENGTHS

DETOXIFYING
RESHAPING AND DRAINING
SENSORIAL MASSAGEABLE TEXTURE

HOW IT WORKS

THERMAL WATER FROM CASTELLO DI VELONA _ MONTALCINO renowned for its remineralizing properties, it flows out at a temperature of 90 °C and has a bicarbonate-sulphate-calcium-magnesium composition. It is particularly appreciated for its high tolerability and therapeutic properties in the dermatological field.

LAMINARIA brown algae from the Icelandic seas that is processed at low temperatures to fully preserve its active ingredients. It contains a high concentration (about 40%) of minerals: chlorine, potassium, calcium, magnesium and iodine.

FUCUS brown algae from the French coast that is particularly rich in iodine and has always been used due to its reducing properties.

MANDARIN, ORANGE AND PEPPERMINT ESSENTIAL OILS known for their recognized draining action and therefore used to promote the elimination of toxins.

HOW TO USE

Apply 30 ml of the product to the areas affected by cellulite, in particular the thighs, buttocks, hips and abdomen, avoiding particularly sensitive areas such as the breasts. Massage for a few minutes, then cover with clear film and wait at least 30 minutes. Remove the product in the shower. Should you wish, you can use the mud in the bathtub. Open a bag, pour it in and then fill the bathtub with warm water. Use your hands to help to spread the mud.

RECOMMENDATIONS

For all types of cellulite.

PRECAUTIONS

The product is not recommended during pregnancy and breastfeeding and for those suffering from thyroid disease.

EFFECTIVENESS TEST

- 280 ml extracellular water*
instrumental

Clinical tests by independent laboratories _ panel of 20 people _ 14 days
*Our body contains about 60% water: most of it is functional water (which for example makes up the cells or is involved in physiological processes), while the remaining part is extracellular water which, if accumulated in excess, causes edema and water retention.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
THERMO CREAM



BODY STRATEGIST
CREAM GEL



BODY STRATEGIST
D-AGE



BODY STRATEGIST
ATTACK SERUM

BODY STRATEGIST HOME CARE

ATTACK SERUM remodeling serum



pH 5.0 - 5.5

PACKAGING
sugarcane-based
plastic tube
with applicator

SIZE
150 ml

THE PRODUCT

This intensive lipolytic serum acts on the most stubborn cellulite and helps to improve the overall appearance of the figure. CONSCIOUS SKIN SCIENCE formula, production and packaging with 93.6% natural ingredients, without animal derivatives, silicones, mineral oils, artificial colors, ethoxylates, acrylates and EDTA.

CHARACTERISTICS

The ultralight texture is an infusion of concentrated active ingredients that quickly absorbs, preparing the skin for subsequent products. Reducing active ingredients promote gradual reshaping of the most critical areas.

STRENGTHS

RAPID ABSORPTION
LOCALIZED INTENSIVE ACTION
BOOSTER FOR CELLULITE CREAMS

HOW IT WORKS

PURE COFFEE (1.5%) and CARNITINE act together: they facilitate the mobilization of triglycerides (fats) and promote their entry into the mitochondria. This mechanism counteracts fat accumulation, since it promotes the use of triglycerides for energy and thermogenic purposes. PINK PEPPER EXTRACT pure oil obtained from Schinus terebinthifolia seeds, using supercritical sustainable CO2 extraction technology. Originally from Brazil, it is now cultivated on Réunion Island and is also known as "The rose gold of Réunion". The extract has an impact on fat reserves, making them easier to eliminate because they can be accessed by lipases, the enzymes that degrade fat.

HOW TO USE

Apply the product on the most critical areas of fat accumulation, gently massaging until absorbed. Then apply Thermo Cream or Cream Gel following the usual routine.

RECOMMENDATIONS

For every type of cellulite.

PRECAUTIONS

Apply once a day. Avoid contact with the eyes. Wash your hands after use. Not recommended for pregnant women.

EFFECTIVENESS TEST

77% of panelists perceived an immediate feeling of compactness.
97% of panelists appreciated the product's skin feel.
Panel of 35 women _ 20 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
THERMO CREAM



BODY STRATEGIST
CREAM GEL



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
PEEL SCRUB

BODY STRATEGIST

HOME CARE

CREAM GEL

reshaping gel cream



pH 5 - 6.2

PACKAGING
sugar cane plastic tube
SIZE
200 ml

THE PRODUCT

Liposomal gel cream for treating edematous cellulite accompanied by water retention. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 92% natural ingredients, without silicones, animal derivatives, mineral oils and artificial colorants.

CHARACERISTICS

The secret of the innovative formulation lies in its very skin-friendly liposomal structure, which deeply conveys the draining and oxygenating active ingredients that protect the microcirculation and oxygenate, resulting in visible reduction of edematous cellulite.

STRENGTHS

SKIN-FRIENDLY LIPOSOMAL CONVEYANCE
RESHAPING DRAINING
LIGHT AND FAST-ABSORBING CONSISTENCY

HOW IT WORKS

LIPOSOMAL STRUCTURE derived from lecithin, it has an extraordinary ability to increase the absorption of active ingredients, making them more bioavailable. Lecithin is very skin-friendly because it is a natural component found in cell membranes.

IVY EXTRACT herbal remedy for treating venous insufficiency. For cosmetic use, it improves microcirculation, reduces swelling in the legs and counteracts the appearance of orange peel skin.

PURE CAFFEINE (2%) stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides. The released fatty acids are transferred into the mitochondria thanks to the carrier activity of CARNITINE, where they are used to produce energy.

AESGIN, extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

HOW TO USE

Apply the product twice a day with a circular bottom-up massage. For an intensive action: apply BODY STRATEGIST PEEL SCRUB, then take a hot shower, dry the skin and apply the CREAM-GEL.

RECOMMENDATIONS

For edematous cellulite, with swollen legs and water retention. Constant, daily application is recommended, for cycles of at least one month.

PRECAUTIONS

The product contains caffeine and is therefore not recommended for pregnant and breastfeeding women.

EFFECTIVENESS TEST

-1 cm average thigh circumference reduction (instrumental test)

Reduction of leg swelling for 90% of the panel (self-assessment)

Clinical tests by independent laboratories _ panel of 20 people _ 30 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
D-AGE



BODY STRATEGIST
ATTACK SERUM



BODY STRATEGIST
CONTOUR CREAM

BODY STRATEGIST HOME CARE

THERMO CREAM thermogenic cream



pH 5 - 6.2

PACKAGING
sugar cane plastic tube
SIZE
200 ml

THE PRODUCT

Thermogenic cream with a double vascular and lipolytic action. It effectively reduces localized and predominantly adipose cellulite. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 86,5% natural ingredients, without silicones, animal derivatives, and artificial colorants.

CHARACTERISTICS

It stimulates a perceptible alternating hot and cold sensation that can vary in intensity depending on the person. The vascular thermogenic action reactivates microcirculation and guarantees deep absorption of the active ingredients. The lipolytic thermogenic action is stimulated by single-cell microalgae. The cream causes a tingling sensation accompanied by skin reddening that can last for about 30/40 minutes. This reaction, which varies in intensity from person to person, indicates that the product is working and may be more intense if the cream is applied after a hot shower or scrub.

STRENGTHS

THERMOGENIC ACTIVITY WITH HOT AND COLD EFFECT

DOUBLE VASCULAR AND LIPOLYTIC ACTION

RESHAPING

HOW IT WORKS

The cream causes a tingling sensation accompanied by skin reddening that can last for about 30/40 minutes. This reaction, which varies in intensity from person to person, indicates that the product is working. Finally, there is a subsequent cooling stage.

SINGLE-CELL MICROALGAE with a high content of protein and polyunsaturated fatty acids acts by directly stimulating activation of beige adipocytes, which can then transform from a simple fat deposit to cells capable of metabolizing fat. Once activated, beige adipocytes produce an essential thermogenic action that eliminates fat accumulation and facilitates reshaping.

PURE CAFFEINE (1,5%) stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides. The released fatty acids are transferred into the mitochondria thanks to the carrier activity of CARNITINE, where they are used to produce energy.

FUCUS brown algae from the French coast that is particularly rich in iodine and has always been used due to its reducing properties.

AESCLIN extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

BENZYL NICOTINATE a thermogenic molecule that activates the tissue response and vasodilation responsible for heat perception. This action enables the tissues to more effectively absorb the active ingredients.

HOW TO USE

Apply the product twice a day with a quick and gentle massage. Wash your hands after applying the product. For an intensive action: apply BODY STRATEGIST PEEL SCRUB, then take a hot shower, dry the skin and apply the cream.

RECOMMENDATIONS

For resistant cellulite accompanied by localized fat (thighs, knees, calves and ankles). Constant, daily application is recommended for cycles of at least one month.

PRECAUTIONS

Do not use the product: if you are pregnant or breastfeeding, suffer from capillary fragility or thyroid disorders and during and after sun exposure. It is advisable to clearly explain the product's thermogenic effect when recommending it to ensure that the customer is not alarmed when seeing the skin reaction.

EFFECTIVENESS TEST

-1 cm average thigh circumference reduction (instrumental test).

Reduction of fat dimples for 80% of the panel (self-assessment).

Tests by independent laboratories _ panel of 20 people _ 30 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
D-AGE



BODY STRATEGIST
ATTACK SERUM



BODY STRATEGIST
CONTOUR CREAM

BODY STRATEGIST HOME CARE

CRYO LEG GEL refreshing leg gel



pH 5 - 5.5

PACKAGING
sugar cane plastic tube
SIZE
200 ml

THE PRODUCT

Specific treatment with hesperidin, aescin and menthol that provides an immediate sensation of freshness, reduces swelling and relieves heavy legs. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 95,7% natural ingredients, without silicones, animal derivatives, mineral oils and artificial colorants.

CHARACTERISTICS

A first aid kit for tired legs. The synergistic and enhanced action of its active ingredients provides immediate relief and helps improve circulation, facilitating drainage of excess fluids.

STRENGTHS

LIGHT, NON-GREASY CONSISTENCY
IMMEDIATE AND LASTING FEELING OF FRESHNESS AND RELIEF

HOW IT WORKS

HESPERIDIN is one of the flavonoids characteristic of citrus fruits and serves to preserve the condition and normal permeability of the capillary wall: it is therefore used for treating edema. AESCIN extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation. MENTHOL a key component of peppermint essential oil. It refreshes and stimulates vasomotor gymnastics and gives an immediate feeling of lightness.

HOW TO USE

Apply once or several times a day when you feel it is needed. Massage with wide and circular movements from the ankle to the top of the leg until completely absorbed.

RECOMMENDATIONS

For people who suffer from swollen legs. Often felt in the evening and aggravated by hot weather conditions and often a consequence of a tiring day.

PRECAUTIONS

Do not apply on damaged skin. If you are pregnant or breastfeeding consult your doctor before use.

EFFECTIVENESS TEST

91.48% of the panel is satisfied with the product
(self-assessment)
Panel of 43 people_28 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
D-AGE

BODY STRATEGIST

HOME CARE

OIL
elasticizing oil



PACKAGING
glass bottle
SIZE
100 ml

THE PRODUCT

A blend of precious elasticizing oils that is ideal for stretch marks and in the event of sudden weight changes that can lead to loss of tissue tone and elasticity. CONSCIOUS SKIN SCIENCE™ formula, production and packaging, with 88% natural ingredients.

CHARACTERISTICS

Featuring a high concentration of natural oils, its dense texture makes it suitable for localized applications to combat stretch marks or particular dryness.

STRENGTHS

PRECIOUS NATURAL OILS
INTENSIVE STRETCH MARK CORRECTION
SUITABLE FOR PREGNANT WOMEN

HOW IT WORKS

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

SWEET ALMOND OIL rich in emollient and nourishing fatty acids, it deeply moisturizes even the driest skin, restoring its softness and elasticity.

CENTELLA ASIATICA the extract, obtained from the leaves, is renowned for its ability to support tone and elasticity.

VITAMIN E a powerful antioxidant, it counteracts degenerative processes related to aging and an unbalanced lifestyle and promotes tissues' natural reparative processes.

HOW TO USE

Apply with a massage to the areas affected by stretch marks, loss of elasticity and severe dehydration.

RECOMMENDATIONS

For stretch marks and skin atony. It promotes elasticity and compactness. The product can be used during and after pregnancy.

EFFECTIVENESS TEST

+ 16% skin firmness

(instrumental test).

Effective elasticizing effect for 100% of the panel

(self-assessment).

Tests by independent laboratories _ panel of 20 people _ 28 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
D-AGE



BODY STRATEGIST
CONTOUR CREAM

BODY STRATEGIST HOME CARE

CONTOUR CREAM toning hydrating cream



pH 5.0 - 5.5

PACKAGING
recycled PET bottle
with pump
SIZE
200 ml

THE PRODUCT

This toning and moisturizing cream with a light texture leaves the skin soft and silky and is ideal for promoting a compact, firm and youthful appearance.

CONSCIOUS SKIN SCIENCE™ formula, production and packaging, with 94.4% natural ingredients, without animal derivatives, silicones, mineral oils, artificial colors, ethoxylates, acrylates and EDTA.

CHARACTERISTICS

The fresh and light texture is very smooth, enabling easy, fast and immediately satisfying application.

STRENGTHS

IMMEDIATELY SOFT AND SMOOTH SKIN
PROMOTES HYDRATION AND COMPACTNESS
FRESH AND LIGHT TEXTURE

HOW IT WORKS

HIGH-DEFINITION COMPLEX: the refreshing and stimulating action of MENTHYL LACTATE is combined with extract of ACMEILLA OLERACEA, a small flower originating from Madagascar and the Mascarene Islands, used as a spice and also known as Paracress. The alkylamide-rich extract is obtained from the flower and acts by influencing the dynamic contraction of fibroblasts. Fibroblasts, in addition to being responsible for collagen and elastin synthesis, play an important structural role in the cellular matrix: the active ingredient increases its contraction, guaranteeing the compactness and elasticity of tissues, and corrects and prevents laxity and surface wrinkles.

HOW TO USE

Apply the product all over the body, especially on the most critical areas. Massage with circular movements until fully absorbed.

RECOMMENDATIONS

For all skin types, especially those with loss of tone and firmness, tissue laxity and initial wrinkles. Suitable for pregnant women.

PRECAUTIONS

Do not apply on damaged or irritated skin. Avoid contact with the eyes. Wash your hands after use.

EFFECTIVENESS TEST

97% of panelists found the skin soft and smooth.
Panel of 33 women _ 20 days.



COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
THERMO CREAM



BODY STRATEGIST
CREAM GEL



BODY STRATEGIST
OIL

BODY STRATEGIST HOME CARE

D-AGE CREAM nourishing firming cream



pH 5.5 - 6.5

PACKAGING
glass jar
SIZE
180 ml

THE PRODUCT

Rich and deliciously scented cream to tone the skin and rejuvenate its appearance through its targeted firming, antioxidant, elasticizing and nourishing action. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 91,6% natural ingredients, without silicones, animal derivatives, mineral oils and artificial colorants.

CHARACTERISTICS

Organic Tamanu oil, hydrolyzed extract of walnut and Boswellic acid act on loss of tone and firmness, providing an effective firming, nourishing and anti-aging action.

STRENGTHS

ANTI-AGING ACTION
RICH AND SILKY TEXTURE
VISIBLE FIRMING AND NOURISHING ACTION

HOW IT WORKS

HYDROLYZED GREEN WALNUT EXTRACT obtained from a special fruit ripening process, it has a high content of structural phenolic active ingredients for an antioxidant action that remains active over time. The structural polyphenols create a protective membrane that effectively protects the skin from free radicals.

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

BOSWELLIC ACID extracted from the gum resin of *Boswellia serrata*, it counteracts elastase and collagenase, the two enzymes that contribute to aging of the skin structure, and stimulates the activity of fibroblasts, the cells that make tissues elastic.

HOW TO USE

Generously apply the product all over the body and massage until fully absorbed.

RECOMMENDATIONS

All skin types with loss of elasticity and firmness. It can be used during pregnancy and breastfeeding.

EFFECTIVENESS TEST

+ 14% elasticizing effectiveness compared to the previous formula (instrumental test)

+ 13% skin firmness

(instrumental test)

95% of the panel is satisfied with the product

(self-assessment)

Tests by independent laboratories _ panel of 20 people _ 28 days

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
OIL

BODY STRATEGIST

HOME CARE

ARNICA massage cream



pH 5 – 6

PACKAGING
sugar cane plastic
flip-top tube
SIZE
150 ml

PRODUCT

Arnica gel cream with a calibrated thermogenic effect that helps to reduce fatigue and muscle pain, providing immediate relief. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 98.9% natural-origin ingredients. Formula without silicones, paraffin wax, animal derivatives, artificial colors, added fragrances, ethoxylates, acrylates and EDTA.

CHARACTERISTICS

The light texture spreads easily and absorbs with just a few swipes for a quick and convenient application with no residue. The carefully calibrated thermogenic action gives an immediate sensation of releasing muscle tension.

STRENGTHS

MUSCLE RELIEF
CALIBRATED THERMOGENIC ACTION
IMMEDIATE ABSORPTION
AROMATIC ESSENTIAL OILS CONVEY AROMATHERAPEUTIC PROPERTIES

HOW IT WORKS

ARNICA MONTANA EXTRACT, a common flower throughout Europe and widely used in phytotherapy. Rich in flavonoids and chlorogenic acid, the extract has calming properties and helps to counteract oxidative stress. A THERMOGENIC INGREDIENT that activates the tissue response and vasodilation responsible for heat perception. This action enables the tissues to more effectively absorb the active ingredients and gives an immediate sensation of releasing muscle tension. AROMATIC ESSENTIAL OIL EXTRACTS (MENTHOL, CAMPHOR AND EUCALYPTOL), their aroma gives an immediate feeling of relief and lightness.

DIRECTIONS

Apply the product to the areas of concern areas with a light massage, avoiding the most sensitive areas, such as bust and neck. Reapply as needed, even multiple times during the day.

RECOMMENDED

Whenever muscle pain and tension is experienced, ideal especially after sports for a quick recovery.

PRECAUTIONS

Avoid contact with the eyes. Wash your hands after use. Do not use if you have a known sensitivity to Arnica or Asteraceae. If you are pregnant or breastfeeding, consult your doctor before use.

EFFICAC TEST

78% of panelists report feeling relief after athletic activity*
74% of panelists report reduced muscle fatigue*

*International testing panel. 37 panelists_20 days of use

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST PROFESSIONAL

PEELING revitalizing activating gel



pH 3.8 - 4.5

PACKAGING
bottle
SIZE
500 ml

THE PRODUCT

A synergy of glycolic and lactic acid that promotes the elimination of keratinized cells and the absorption of the functional substances contained in products that are subsequently applied. CONSCIOUS SKIN SCIENCE™ formula, production and packaging, with 81,2% natural ingredients.

CHARACTERISTICS

The precious mix of glycolic and lactic acid has been formulated in an ideal concentration to renew the skin and facilitate absorption of active ingredients. Designed with the aim of improving skin absorption, the gel's composition and pH offer high tolerability and effectiveness.

STRENGTHS

DEEP SKIN RENEWAL
LIGHT AND FAST-ABSORBING TEXTURE
NO NEED TO RINSE

HOW IT WORKS

GLYCOLIC ACID and LACTIC ACID act on corneocyte bonds, stimulating elimination of keratinized cells. The mix of acids also promotes water recovery, performing an effective moisturizing action. OXY™ cellular breathing factor capable of increasing cellular oxygenation.

HOW TO USE

Apply the product all over the body and massage until absorbed. Leave in place for a few minutes before proceeding according to the treatment schedule.

RECOMMENDATIONS

It is a product for professional use only, for treatments that do not involve rinsing products. Follow the instructions on the treatment information sheet.

PRECAUTIONS

This product contains alpha-hydroxy acids that can increase skin sensitivity to the sun and raise the likelihood of sunburn. Before sun exposure, we recommend applying sunscreen to areas where alpha-hydroxy have been used. Avoid contact with the eyes. When applying the product, protect your hands with gloves.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST PROFESSIONAL

PEEL SCRUB double-action scrub



pH 5.5 - 6.5

PACKAGING
sugar cane plastic flip-top tube
SIZE
400 ml

THE PRODUCT

Exfoliating gel with natural silica particles and orange peel and 10% alpha-polyhydroxy acids for an immediate smoothing effect. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 92,2% natural ingredients.

CHARACTERISTICS

The double mechanical and chemical exfoliating action ensures that the skin immediately looks smoother, softer and brighter. It is ideal for applying on dry skin to make the particles act on the surface layers and remove dead cells.

STRENGTHS

DOUBLE ACTION: MECHANICAL AND CHEMICAL
IMMEDIATE AND INTENSIVE ACTION
QUICK AND EASY TO USE

HOW IT WORKS

ALPHA-POLY HYDROXY ACIDS: the synergy of glycolic acid (3.5%), an alpha-hydroxy acid capable of deep penetration due to its small molecule size, and gluconolactone (6.5%), a polyhydroxy acid that not only stimulates progressive cell renewal, but also retains water molecules and maintains skin hydration. Their combined action separates the corneocytes that form the superficial layer of the epidermis and facilitates their detachment through the subsequent mechanical action.

SILICA PARTICLES and BITTER ORANGE PEEL act mechanically, removing keratinized cells, especially in areas where the skin is thicker (such as elbows and knees).

HOW TO USE

Apply the product all over the body, especially on the most critical areas. Massage with circular movements until fully absorbed. Remove any residual particles with a dry towel.

RECOMMENDATIONS

For all skin types, especially dry and rough skin. Particularly suitable for preparing the skin for subsequent products.

PRECAUTIONS

This product contains alpha-hydroxy acids that can increase skin sensitivity to the sun and raise the likelihood of sunburn. Before sun exposure, we recommend applying sunscreen to areas where alpha-hydroxy acids have been used. Avoid contact with the eyes. When applying the product, protect your hands with gloves.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST PROFESSIONAL

BAGNI DI MONTALCINO CASTELLO DI VELONA
mud with thermal water from Montalcino



pH 5.9 - 6.4

PACKAGING
bucket
SIZE
1000 g

THE PRODUCT

Massageable draining and reshaping thermal mud for detoxifying and treating cellulite. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 98% natural ingredients.

CHARACTERISTICS

The mud is characterized by its innovative oily gel texture which makes it possible to professionally massage areas with water retention and cellulite, offering optimal penetration of the active ingredients. This synergy reduces the presence of extracellular water, resulting in visible reshaping of the body.

STRENGTHS

DETOXIFYING
RESHAPING AND DRAINING
INNOVATIVE MASSAGEABLE TEXTURE

HOW IT WORKS

THERMAL WATER FROM CASTELLO DI VELONA _ MONTALCINO renowned for its remineralizing properties, it flows out at a temperature of 90 °C and has a bicarbonate-sulphate-calcium-magnesium composition. It is particularly appreciated for its high tolerability and therapeutic properties in the dermatological field.

LAMINARIA brown algae from the Icelandic seas that is processed at low temperatures to fully preserve its active ingredients. It contains a high concentration (about 40%) of minerals: chlorine, potassium, calcium, magnesium and iodine.

FUCUS brown algae from the French coast that is particularly rich in iodine and has always been used due to its reducing properties.

MANDARIN, ORANGE AND PEPPERMINT ESSENTIAL OILS known for their recognized draining action and therefore used to promote the elimination of toxins.

HOW TO USE

Apply the product to the body, in particular the thighs, buttocks, hips and abdomen, avoiding sensitive areas such as the breasts. Perform a draining massage on each treatment area, covering the newly treated area every time. Remove the product with the help of warm towels.

The product can be heated in hot caby without reaching excessively high temperatures that would alter the quality of the essential oils.

RECOMMENDATIONS

For every type of cellulite. In reshaping programs, it is recommended in the central stages of detoxification and metabolism activation.

PRECAUTIONS

The product is not recommended during pregnancy and breastfeeding and for those suffering from thyroid disease.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST PROFESSIONAL

BLEND
multipurpose essential oils



PACKAGING
glass bottle
SIZE
950 ml

THE PRODUCT

A precious concentrate of essential oils and ivy extract with a draining action. The multifunctional blend can be dosed for preparing compresses with bandages, combined with the NUTRITIONAL MASK, or diluted in whirlpools. If you use 20ml of the product in 100ml of water, 81% of the ingredients are natural. If you use 30ml of the product in 100ml of water, 83% of the ingredients are natural. CONSCIOUS SKIN SCIENCE™ formula, production and packaging.

CHARACTERISTICS

A highly technical, versatile and easy-to-use spa treatment. Pure lemon, orange and peppermint essential oils and ivy extract give the product highly effective draining and reducing properties.

STRENGTHS

MULTIPURPOSE:
WITH COMPRESSES FOR AN INTENSIVE DRAINING EFFECT
WITH BODY MASKS TO ENHANCE ITS TONING EFFECT
DILUTED IN A WHIRLPOOL FOR A DETOXIFYING ACTION

HOW IT WORKS

LEMON, ORANGE AND PEPPERMINT ESSENTIAL OILS help to eliminate toxins and play an active role in reducing the skin's orange peel appearance.

IVY EXTRACT herbal remedy for treating venous insufficiency. For cosmetic use, it improves microcirculation, reduces swelling in the legs and improves the appearance of orange peel skin.

MENTHOL a key component of peppermint essential oil. It refreshes and stimulates vasomotor gymnastics and gives an immediate feeling of lightness.

HOW TO USE

PREPARATION OF COMPRESSES WITH BANDAGES: in a bowl containing 100 ml of water, dilute 30 ml of BODY STRATEGIST BLEND, then soak the bandage. Remove the bandage from the water, squeeze it and wrap it from the ankle towards the groin, including the abdomen, taking care to gradually tighten it well towards the abdomen, then complete the application by wrapping the other leg. During the cold months, dilute just 20 ml of the product instead of 30 in order to reduce the intensity of the cooling effect. Leave on for 15-20 minutes, remove the bandages and gently dry the skin with towels.

RECOMMENDATIONS

For all types of cellulite, especially edematous cellulite. In reshaping programs, treatment with this product is particularly recommended in the first stage of detoxification.

PRECAUTIONS

The product contains essential oils and menthol and is therefore not recommended for pregnant and breastfeeding women.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
MASSAGE CREAM



BODY STRATEGIST
NUTRITIONAL MASK



BODY STRATEGIST
CRYO LEG GEL



BODY STRATEGIST
3 IN 1 BOOSTER



BODY STRATEGIST
TONE SHOT

BODY STRATEGIST PROFESSIONAL

THERMO CREAM thermogenic cream



pH 5 - 6.2

PACKAGING

sugar cane plastic flip-top tube

SIZE

400 ml

THE PRODUCT

Thermogenic cream with a double vascular and lipolytic action. It effectively reduces localized and predominantly adipose cellulite. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 86,5% natural ingredients.

CHARACTERISTICS

It stimulates a perceptible alternating hot and cold sensation that can vary in intensity depending on the person. The vascular thermogenic action reactivates microcirculation and guarantees deep absorption of the active ingredients. The lipolytic thermogenic action is stimulated by single-cell microalgae.

STRENGTHS

DOUBLE THERMOGENIC ACTION
EFFECTIVE SLIMMING AND RESHAPING ACTION
SOFT AND NOURISHING CONSISTENCY

HOW IT WORKS

The cream causes a tingling sensation accompanied by skin reddening that can last for about 30/40 minutes. This reaction, which varies in intensity from person to person, indicates that the product is working. Finally, there is a subsequent cooling stage.

SINGLE-CELL MICROALGAE with a high content of protein and polyunsaturated fatty acids acts by directly stimulating activation of beige adipocytes, which can then transform from a simple fat deposit to cells capable of metabolizing fat. Once activated, beige adipocytes produce an essential thermogenic action that eliminates fat accumulation and facilitates reshaping.

PURE CAFFEINE (1,5%) stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides. The released fatty acids are transferred into the mitochondria thanks to the carrier activity of CARNITINE, where they are used to produce energy.

FUCUS brown algae from the French coast that is particularly rich in iodine and has always been used due to its reducing properties.

AESCIN extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

BENZYL NICOTINATE a thermogenic molecule that activates the tissue response and vasodilation responsible for heat perception. This action enables the tissues to more effectively absorb the active ingredients.

HOW TO USE

Apply the product without massaging it. Cover with a wrap or create a wrap with cling film and leave in place for 10 minutes. Open the wrap and dab with damp towels.

RECOMMENDATIONS

For resistant cellulite accompanied by localized adiposity (thighs, knees, calves and ankles). Constant, daily application is recommended for cycles of at least one month.

PRECAUTIONS

Do not use the product: if you are pregnant or breastfeeding, suffer from capillary fragility or thyroid disorders and during and after sun exposure. It is advisable to clearly explain the product's thermogenic effect when recommending it to ensure that the guest is not alarmed when seeing the skin reaction.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
OIL



BODY STRATEGIST
CRYO LEG GEL



BODY STRATEGIST
CAFFEINE SHOT

BODY STRATEGIST PROFESSIONAL

MASSAGE CREAM ritual cream with aescin



pH 5.5 - 6.5

PACKAGING
jar
SIZE
500 ml

THE PRODUCT

Rich multiactive lipolytic massage cream: it reduces fat deposits and tissue inflammation and reactivates microcirculation. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 90,4% natural ingredients.

CHARACTERISTICS

Very smooth silky emulsion to increase the effectiveness of intensive anti-cellulite massages. Single-cell microalgae activates beige adipocytes promoting a thermogenic action that burns even the most stubborn localized fat deposits.

STRENGTHS

ULTRA-SMOOTH EMULSION
COMBATS CELLULITE
NOURISHING

HOW IT WORKS

SINGLE-CELL MICROALGAE with a high content of protein and poly-unsaturated fatty acids acts by directly stimulating activation of beige adipocytes, which can then transform from a simple fat deposit to cells capable of metabolizing fat. Once activated, beige adipocytes produce an essential thermogenic action that eliminates fat accumulation and facilitates reshaping.

PURE CAFFEINE (1,5%) stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides. The released fatty acids are transferred into the mitochondria thanks to the carrier activity of CARNITINE, where they are used to produce energy.

AESCIN extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

IVY EXTRACT herbal remedy for treating venous insufficiency. In cosmetic use, it improves microcirculation, reduces swelling in the legs and improves the appearance of orange peel skin.

HOW TO USE

Apply the product to the critical areas and massage using your preferred anti-cellulite technique.

RECOMMENDATIONS

For all types of cellulite.

PRECAUTIONS

The product contains caffeine and is therefore not recommended for pregnant and breastfeeding women.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
NUTRITIONAL MASK



BODY STRATEGIST
BLEND



BODY STRATEGIST
3 IN 1 BOOSTER



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
CAFFEINE SHOT

BODY STRATEGIST PROFESSIONAL

MASSAGE OIL hydro-balancing massage oil



PACKAGING
glass bottle
SIZE
950 ml

THE PRODUCT

Draining and reshaping massage oil based on natural and essential oils. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 99,9% natural ingredients.

CHARACTERISTICS

Massage oil suitable for intense manual skills, designed to improve cellulite. The blend of essential oils reactivates the functionality of skin microcirculation, facilitating the drainage of excess fluids.

STRENGTHS

EXTREMELY NATURAL OIL
ULTRA-SMOOTH LIGHT TEXTURE
OPTIMAL ABSORPTION, WITHOUT GREASY RESIDUES

HOW IT WORKS

LEMON, ORANGE AND PEPPERMINT ESSENTIAL OILS help to eliminate toxins and play an active role in reducing the skin's orange peel appearance.

IVY EXTRACT herbal remedy for treating venous insufficiency. For cosmetic use, it improves microcirculation, reduces swelling in the legs and improves the appearance of orange peel skin.

SWEET ALMOND AND JOJOBA OILS intensely nourishing, they facilitate massaging with a very natural effect.

HOW TO USE

Apply the product and proceed with anti-cellulite massage techniques.

RECOMMENDATIONS

For all types of cellulite, especially edematous cellulite, with water retention and heavy legs.

PRECAUTIONS

The product contains essential oils and is therefore not recommended for pregnant and breastfeeding women.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
BLEND



BODY STRATEGIST
THERMO CREAM



BODY STRATEGIST
3 IN 1 BOOSTER



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
CAFFEINE SHOT

BODY STRATEGIST PROFESSIONAL

3IN1 BOOSTER thermogenic gel mask



pH 5.5 - 6

PACKAGING

sugar cane plastic flip-top tube

SIZE

400 ml

THE PRODUCT

Reactivating, reducing and reshaping concentrated thermogenic mask: the thermogenic action optimizes the absorption and lipolytic action of the microalgae and products used subsequently. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 97,8% natural ingredients.

CHARACERISTICS

The mask produces an increase in temperature and stimulates micro-circulation, making the skin more receptive to the active ingredients. It helps to activate the beige adipocytes, which facilitate fat reduction. The thermogenic action, which may vary according to the individual's physical condition, has been calibrated to be both progressive and well-tolerated.

STRENGTHS

ACTIVATION OF SKIN RECEPTIVITY
REACTIVATION OF MICROCIRCULATION
CALIBRATED THERMOGENIC ACTION
FRAGRANCE-FREE

HOW IT WORKS

SINGLE-CELL MICROALGAE with a high content of protein and poly-unsaturated fatty acids acts by directly stimulating activation of beige adipocytes, which can then transform from a simple fat deposit to cells capable of metabolizing fat. Once activated, beige adipocytes produce an essential thermogenic action that eliminates fat accumulation and facilitates reshaping.

THERMOGENIC COMPLEX (VANILLYL BUTYL ETHER) causes vasodilation and develops a soothing calibrated heat sensation without undesirable side effects such as irritation or itching. Thermogenic action is essential for making skin more receptive.

HOW TO USE

Apply a thin layer of product on the legs and abdomen using a brush, cover with a wrap and leave on for 5 minutes. Then remove the product using a lukewarm towel. For more details follow the instructions on the treatment information sheet.

RECOMMENDATIONS

For a draining and lipolytic treatment.

PRECAUTIONS

The product must be applied using a technical brush or gloves to avoid direct contact with the product. If your hands come into contact with the product, rinse them with cool water. Inform the customer that the feeling of heat is highly subjective and can therefore vary in intensity and duration. In the event of sensitive skin and unpleasant reactions, invite the customer to take a cool shower. Contact with hot water before receiving the treatment, in a bath or shower, can increase the feeling of warmth. Do not apply if the customer has enlarged capillaries. Not recommended for women who are pregnant or breastfeeding.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
OIL



BODY STRATEGIST
MASSAGE CREAM



BODY STRATEGIST
BLEND



BODY STRATEGIST
CRYO LEG GEL

BODY STRATEGIST PROFESSIONAL

OIL
elasticizing oil



PACKAGING
glass bottle
SIZE
950 ml

THE PRODUCT

A blend of precious elasticizing oils that is ideal for stretch marks and in the event of sudden weight changes that can lead to loss of tissue tone and elasticity. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 88% natural ingredients.

CHARACTERISTICS

Featuring a high concentration of natural oils, its dense texture makes it suitable for localized applications to contrast stretch marks or particular dryness.

STRENGTHS

PRECIOUS NATURAL OILS
INTENSIVE STRETCH MARK CORRECTION
SUITABLE FOR PREGNANT WOMEN

HOW IT WORKS

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

SWEET ALMOND OIL rich in emollient and nourishing fatty acids, it deeply moisturizes even the driest skin, restoring its softness and elasticity.

CENTELLA ASIATICA the extract, obtained from the leaves, is renowned for its ability to support tone and elasticity.

VITAMIN E a powerful antioxidant, it counteracts degenerative processes related to aging and an unbalanced lifestyle and promotes tissues' natural reparative processes.

HOW TO USE

Apply with a massage to areas affected by stretch marks, loss of elasticity and severe dehydration.

RECOMMENDATIONS

For stretch marks and skin atony, it promotes elasticity and firmness. The product can be used during and after pregnancy.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
NUTRITIONAL MASK



BODY STRATEGIST
D-AGE MASSAGE CREAM



BODY STRATEGIST
TONE SHOT

BODY STRATEGIST PROFESSIONAL

NUTRITIONAL MASK 1 + 2 BASE 1 mask with tamanu oil BASE 2 mask with walnut extract



pH 5 - 6

PACKAGING
bottles
SIZE
2 X 1000 ml

THE PRODUCT

Two-phase mask for the body containing active ingredients with an elasticizing and antioxidant action. CONSCIOUS SKIN SCIENCE™ formula, production and packaging.

Base 1 formula: 16,5% natural ingredients.

Base 2 formula: 99% natural ingredients.

CHARACTERISTICS

Concentrated body mask with tamanu oil and green walnut extract. Excellent remedy for nourishing, regenerating and toning tissues.

STRENGTHS

TWO HIGHLY CONCENTRATED PHASES TO MIX TO CREATE A REJUVENATING BODY MASK

HOW IT WORKS

BASE 1

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

BASE 2

GREEN WALNUT EXTRACT obtained from a particular fruit ripening process, it has a high content of structural phenolic active ingredients with an antioxidant action. The structural polyphenols create a protective membrane that can effectively protect the skin from free radicals.

HOW TO USE

It is a product for professional use only. Mix two equal parts of the product in a bowl, apply and massage the body, one area at a time for a total of 20 minutes. Remove with warm towels or a shower. It is recommended to heat the product in a hot caby before application.

RECOMMENDATIONS

As a rejuvenating and nourishing mask to give the body tissues elasticity and effective antioxidant protection. The product is particularly recommended:

- after returning from the summer period to rebalance the tissues after long exposure to the sun;
- during the winter to keep tissues effectively protected;
- to counteract the aging process.

The product can be used during and after pregnancy.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
OIL



BODY STRATEGIST
D-AGE MASSAGE CREAM



BODY STRATEGIST
TONE SHOT

BODY STRATEGIST PROFESSIONAL

BUST SERUM breast firming serum



pH 5 - 6

PACKAGING
bottle
SIZE
300 ml

PRODUCT

A toning and firming serum for the bust area, it immediately firms, nourishes and contrasts loss of plumpness, giving the bust a youthful firm appearance. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 97.9% natural-origin ingredients. Formula without silicones, paraffin wax, animal derivatives, artificial colors, ethoxylates and EDTA.

CHARACTERISTICS

The light serum texture spreads easily, leaves the skin soft and smooth and gives an immediate feeling of fullness and firmness.

STRENGTHS

TONING, FIRMING, PLUMPING EFFECT
IMMEDIATE PERCEPTION OF FIRMING ACTION CLINICALLY PROVEN
SOFT AND SMOOTH SKIN

HOW IT WORKS

ENCAPSULATED ORNITHINE, an amino acid obtained through biotechnology from plant starch, encapsulated in ionosomes to protect its activity and promote its absorption. It stimulates adipose tissue differentiation and lipid synthesis and inhibits lipolysis, for a lipofilling effect that restores tissue fullness. The skin appears more relaxed, smoother and more compact.

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

DIRECTIONS

Apply the product to the bust area at the end of treatment and promote absorption with a gentle massage. See the treatment sheet for more details.

RECOMMENDED

For all skin types, especially those with loss of tone and firmness, tissue laxity and initial wrinkles.

PRECAUTIONS

Avoid contact with the eyes. If you are breastfeeding, consult your doctor before use.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
TONE SHOT

BODY STRATEGIST PROFESSIONAL

TONE SHOT toning concentrate



pH 5.0 – 5.5

PACKAGING
glass vial
with vial breaker and applicator
SIZE
20 x 10 ml

THE PRODUCT

This concentrated solution with a toning action is formulated to work in synergy with body machines and is also ideal as a product with an intensifying action in manual treatments. CONSCIOUS SKIN SCIENCE formula, production and packaging, with 98.7% natural ingredients, without animal derivatives, silicones, mineral oils, artificial colors, added fragrances, ethoxylates, acrylates and EDTA.

CHARACTERISTICS

Featuring a fluid and fast-absorbing texture, it does not leave residues and is suitable for the application of subsequent technical or functional products. The cocktail of active ingredients works in synergy with the subsequent treatment steps for an effective toning, compacting and firming action.

STRENGTHS

RAPID ABSORPTION FLUID
MULTIFUNCTIONAL: FOR MACHINES AND MANUAL TREATMENTS
ACTIVE INGREDIENTS CONCENTRATE BOOSTER
WITHOUT FRAGRANCE

HOW IT WORKS

BOTANICAL EXTRACT composed of the extracts of the flowering tops of *Prunella vulgaris* and *Celosia cristata*, it has a firming effect. Through a double action on the adipocytes and optimization of microcirculation, it helps to increase tone and redefine tissues. HESPERIDIN is one of the flavonoids characteristic of citrus fruits and serves to preserve the condition and normal permeability of the capillary wall: it is therefore used for treating edema.

HOW TO USE

Apply the product on the treatment areas, massaging until fully absorbed. Follow the instructions on the treatment information sheets.

RECOMMENDATIONS

For all skin types with tissue laxity, loss of fullness and firmness, and reduced elasticity.

PRECAUTIONS

Do not apply on damaged or irritated skin. Avoid contact with the eyes. Wash your hands after use. If you are pregnant or breastfeeding consult your doctor before use.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
BLEND



BODY STRATEGIST
OIL



BODY STRATEGIST
NUTRITIONAL MASK



BODY STRATEGIST
CRYO LEG GEL



BODY STRATEGIST
D-AGE MASSAGE CREAM

BODY STRATEGIST PROFESSIONAL

CRYO LEG GEL refreshing leg gel



pH 5 - 5.5

PACKAGING
sugar cane plastic
flip-top tube
SIZE
400 ml

THE PRODUCT

Specific treatment with hesperidin, aescin and menthol that provides an immediate sensation of freshness, reduces swelling and relieves heavy legs. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 95,7% natural ingredients.

CHARACTERISTICS

A first aid kit for tired legs. The synergistic and enhanced action of its active ingredients provides immediate relief and helps improve circulation, facilitating drainage of excess fluids.

STRENGTHS

LIGHT, NON-GREASY CONSISTENCY
IMMEDIATE AND LASTING FEELING OF FRESHNESS

HOW IT WORKS

HESPERIDIN is one of the flavonoids characteristic of citrus fruits and serves to preserve the condition and normal permeability of the capillary wall: it is therefore used for treating edema.

AESICIN extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

MENTHOL a key component of peppermint essential oil. It refreshes and stimulates vasomotor gymnastics and gives an immediate feeling of lightness.

HOW TO USE

Product with immediate action to offer in combination with body treatments as a final touch for soothing heavy legs.

RECOMMENDATIONS

For people who suffer from swollen legs. The ideal finishing product at the end of a treatment.

PRECAUTIONS

Do not apply on damaged skin.

If you are pregnant or breastfeeding consult your doctor before use.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
SYSTEM

BODY STRATEGIST PROFESSIONAL

CAFFEINE SHOT remodeling concentrate



pH 5.0 – 5.5

PACKAGING
glass vial
with vial breaker and applicator
SIZE
20 x 10 ml

THE PRODUCT

This concentrated solution with a reducing action is formulated to work in synergy with body machines and is also ideal as a product with an intensifying action in manual treatments. CONSCIOUS SKIN SCIENCE formula, production and packaging, with 95.9% natural ingredients, without animal derivatives, silicones, mineral oils, artificial colors, added fragrances, ethoxylates, acrylates and EDTA.

CHARACTERISTICS

Featuring a fluid and fast-absorbing texture, it does not leave residues and is suitable for the application of subsequent technical or functional products. The cocktail of active ingredients works in synergy with the subsequent treatment steps for an effective lipolytic and anti-cellulite action.

STRENGTHS

RAPID ABSORPTION FLUID
MULTIFUNCTIONAL: FOR MACHINES AND MANUAL TREATMENTS
ACTIVE INGREDIENTS CONCENTRATE BOOSTER
WITHOUT FRAGRANCE

HOW IT WORKS

ENCAPSULATED CAFFEINE 3% stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides. The special molecule encapsulation technology makes it possible to increase the percentage of active ingredient in the formula and to guarantee its absorption, resulting in a concentrated and extremely effective product.

DRAGON EYE EXTRACT, the common name of the longan fruit, which belongs to the lychee family and is native to China. The extract is obtained from the seed of the fruit and acts by influencing the adipose tissue. It inhibits differentiation of pre-adipocytes into mature adipocytes and helps to preserve the correct structure of the extracellular matrix.

HESPERIDIN is one of the flavonoids characteristic of citrus fruits and serves to preserve the condition and normal permeability of the capillary wall: it is therefore used for treating edema.

HOW TO USE

Apply the product on the treatment areas, massaging until fully absorbed. Follow the instructions on the treatment information sheets.

RECOMMENDATIONS

For all types of cellulite, especially if accompanied by localized fat (thighs, knees, calves and ankles) and water retention.

PRECAUTIONS

Avoid contact with the eyes. Wash your hands after use. Not recommended for pregnant women.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEELING



BODY STRATEGIST
BAGNI DI MONTALCINO



BODY STRATEGIST
THERMO CREAM



BODY STRATEGIST
MASSAGE CREAM



BODY STRATEGIST
MASSAGE OIL



BODY STRATEGIST
CRYO LEG GEL

BODY STRATEGIST PROFESSIONAL

D-AGE MASSAGE CREAM nourishing firming cream



pH 5.3 – 6.3

PACKAGING
jar
SIZE
500 ml

THE PRODUCT

A rich and aromatic massage cream to counteract signs of aging, nourish the skin and improve its elasticity and tone. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 91,5% natural ingredients.

CHARACTERISTICS

The precious cocktail of organic tamanu oil, hydrolyzed walnut extract and Boswellic acid act on loss of tone and firmness, providing an effective firming, nourishing and anti-aging action.

STRENGTHS

ULTRA-RICH NOURISHING AND EASY-TO-MASSAGE TEXTURE
VISIBLE FIRMING AND NOURISHING ACTION

HOW IT WORKS

HYDROLYZED GREEN WALNUT EXTRACT obtained from a special fruit ripening process, it has a high content of structural phenolic active ingredients for an antioxidant action that remains active over time. The structural polyphenols create a protective membrane that effectively protects the skin from free radicals.

ORGANIC TAMANU OIL extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.

BOSWELLIC ACID extracted from the gum resin of Boswellia serrata, it counteracts elastase and collagenase, the two enzymes that contribute to aging of the skin structure, and stimulates the activity of fibroblasts, the cells that make tissues elastic.

HOW TO USE

Generously apply the product all over the body and massage until fully absorbed.

RECOMMENDATIONS

Product for professional use only. The product can be used during and after pregnancy.

COMPLEMENTARY PRODUCTS



BODY STRATEGIST
PEEL SCRUB



BODY STRATEGIST
OIL



BODY STRATEGIST
NUTRITIONAL MASK



BODY STRATEGIST
TONE SHOT

BODY STRATEGIST PROFESSIONAL

TECH OIL
massage oil



PACKAGING
glass bottle
SIZE
230 ml

THE PRODUCT

Oil for treatments with vacuum equipment or vacuum with radiofrequency. Suitable for face and body treatments. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 100% natural ingredients.

CHARACTERISTICS

Oil with a light texture that facilitates sliding of the vacuum machine handpiece, promoting excellent adhesion that maximizes its effectiveness while ensuring the customer's safety.

STRENGTHS

SUITABLE FOR EQUIPMENT WITH VACUUM OR VACUUM WITH BI OR MULTIPOLAR RADIOFREQUENCY
PLEASANT TEXTURE
EASY TO APPLY
FACE AND BODY

HOW IT WORKS

ALMOND, RICE, SOY AND JOJOBA OILS create a light film that protects the skin from heat while enabling the handpiece to slide.

HOW TO USE

Transfer the product to a bowl and apply it with a brush only to the area requiring treatment. Start the treatment with the machine, repeating application of the product if necessary. Once finished, dab any residue with a dry towel.

RECOMMENDATIONS

For all skin types.

COMPLEMENTARY PRODUCTS



HYDRAMEMORY
CREAM GEL



REMEDY
CREAM



SUBLIME SKIN
RICH CREAM



BODY STRATEGIST
D-AGE MASSAGE CREAM



BODY STRATEGIST
MASSAGE CREAM

BODY STRATEGIST PROFESSIONAL

TECH GEL massage gel



pH 5.3 – 6.3

PACKAGING
disc-top bottle
SIZE
300 ml

THE PRODUCT

A gel rich in polyols to ensure protection and in hyaluronic acid to maintain correct skin hydration during treatments with machines. Suitable for face and body treatments. CONSCIOUS SKIN SCIENCE™ formula, production and packaging with 96,9% natural ingredients.

CHARACTERISTICS

It facilitates sliding of the handpiece of machines that use radiofrequency, ultrasound or microcurrent technology, without compromising its effectiveness and ensuring that the customer's skin is protected.

STRENGTHS

SUITABLE FOR EQUIPMENT WITH ULTRASOUND, BI OR MULTIPOLAR RADIOFREQUENCY AND MICROCURRENT PLEASANT TEXTURE
EASY TO APPLY
FACE AND BODY

HOW IT WORKS

POLYOLS: alcohols derived from sugar that create a barrier effect, allowing the flow required for the machine to operate.
HYALURONIC ACID highly moisturizing hygroscopic molecule. It hydrates the skin and maintains its elasticity and softness.

HOW TO USE

Pour an appropriate amount of product into a bowl and apply it with a brush only to the area requiring treatment. Start the treatment with the machine, repeating application of the product if necessary. Once finished, dab any residue with a dry towel.

RECOMMENDATIONS

For all skin types.

COMPLEMENTARY PRODUCTS



HYDRAMEMORY
CREAM GEL



REMEDY
CREAM



SUBLIME SKIN
RICH CREAM



BODY STRATEGIST
D-AGE MASSAGE CREAM



BODY STRATEGIST
MASSAGE CREAM

BODY STRATEGIST

DEEP BODY RENEWAL

TREATMENT PURPOSE

A smoothing, renewing and regenerating treatment for restored tone, elasticity and profound hydration for a soft, silky and compact skin. An ideal treatment during the change of seasons, especially the Spring and Fall and whenever the body needs a sense of restoration.

RECOMMENDED

For everyone! A sensorial cocooning and deeply relaxing experience for a complete transformation of the skin and tissues. Ideal for skin that needs moisture and elasticity. It is safe and effective and has been especially tested during pregnancy to contrast stretch marks and maintain a supple and nourished skin.

BENEFITS

Smoothing and regenerating action
Antioxidant protection and revitalized tissues
Increased hydration and elasticity

DURATION

60 minutes

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST PEEL SCRUB
BODY STRATEGIST PEELING (apply with a brush or glove)
BODY STRATEGIST NUTRITIONAL MASK
BODY STRATEGIST TONE SHOT
BODY STRATEGIST OIL
BODY STRATEGIST D-AGE MASSAGE CREAM
BOWL, BRUSH, TOWELS

TECHNICAL TOOLS

PRECAUTIONS

Do not use BODY STRATEGIST PEELING during pregnancy. Do not apply Body Strategist Tone Shot on damaged or irritated skin. If you are pregnant or breastfeeding consult your doctor before use.

TREATMENT STEPS

PREPARATION

*Prepare equal amounts of the BODY STRATEGIST NUTRITIONAL MASK BASE 1 and 2 in a bowl and place in hot caby (or place in the hot stone heater or in a basin of hot water) to warm whilst you commence the treatment.

*50 ml of each product makes a solution of 100ml which is adequate for a full body treatment

**for pregnant guests, or more robust guests, add equal portions of each product to make up the necessary amount.

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION

2. Starting on the back of the body, uncover one side and exfoliate that side with BODY STRATEGIST PEEL SCRUB. Remove with dry towels, repeat on the other side of the body.

Follow with the application of BODY STRATEGIST PEELING to the entire body, using a brush or glove, and allow it to absorb. (Avoid sensitive areas such as the bust). Assist the guest in turning over and repeat the entire sequence on the front of the body.

BODY WRAP

3. Apply and massage BODY STRATEGIST NUTRITIONAL MASK to one area at a time, wrap the area with the appropriate sheeting before moving onto the next area, total time 20 minutes. (A thermal blanket can be used for more efficacy and pleasure).

4. Remove the sheeting, assist the guest to a warm shower or remove the gel mask with hot towels.

TONE-BOOST

5. Apply the BODY STRATEGIST TONE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

FINAL TOUCH

6. Apply the BODY STRATEGIST OIL (5ml) to the appropriate areas (bust, abdomen, inner thighs, upper arms, décolleté) and then follow with an application of BODY STRATEGIST D-AGE MASSAGE CREAM (15ml) with appropriate massage techniques to complete the treatment.

CLOSING

Offer a cup of Matcha tea or rejuvenating juice, along with the PRESCRIPTION CARD with indicated products to prolong the benefits of the treatments at home.

BODY STRATEGIST

BODY GLOW EXPRESS

TREATMENT PURPOSE A renewing treatment to soften the skin, removing dead skin cells and leaving the skin soft and silky.

RECOMMENDED For everyone! Ideal treatment to prepare the skin for body massage and before and after sun exposure to renew and soften the skin.

BENEFITS Soft, silky skin
Glowing, luminous appearance
Improved microcirculation, giving skin a fresh glow

DURATION 30 minutes

PROFESSIONAL PRODUCTS TRANQUILLITY™ BLEND
BODY STRATEGIST PEEL SCRUB
BODY STRATEGIST PEELING (apply with a brush or glove)
BODY STRATEGIST D-AGE MASSAGE CREAM
BODY STRATEGIST TONE SHOT

TECHNICAL TOOLS BOWL, BRUSH, TOWELS

PRECAUTIONS Do not use BODY STRATEGIST PEELING during pregnancy. Do not apply Body Strategist Tone Shot on damaged or irritated skin. If you are pregnant or breastfeeding consult your doctor before use.

TREATMENT STEPS

OPENING 1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION 2. Starting on the back of the body, uncover one side and exfoliate that side with BODY STRATEGIST PEEL SCRUB (10ml). Remove with dry towels, repeat on the other side of the body.

Follow with the application of BODY STRATEGIST PEELING (10ml) to the back of the body, using a brush or glove, and massage until absorbed. (Avoid sensitive areas such as the bust). Assist the guest in turning over and repeat the entire sequence on the front of the body.

TONE-BOOST 3. Apply the BODY STRATEGIST TONE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

FINAL TOUCH 4. Follow with an application of BODY STRATEGIST D-AGE MASSAGE CREAM (15ml) and massage with appropriate techniques to leave the skin soft and silky and nourished.

CLOSING Offer a cup of Matcha tea or rejuvenating juice, along with the PRESCRIPTION CARD with indicated products to prolong the benefits of the treatments at home.

BODY STRATEGIST

MONTALCINO THERMAL MUD

TREATMENT PURPOSE

An intensive treatment with thermal water from thermal waters from Montalcino in Tuscany, with detoxifying and anti-cellulite actions. A blend of essential oils encourages a profound purification of the tissues, while the fucus and laminaria algae promote lipolytic action.

RECOMMENDED

Ideal for a full systemic detoxifying action, to mobilize accumulated toxins and restore vitality. Also recommended for treating cellulite.

BENEFITS

Stimulates lipolysis and enhances the body's detoxification process
Restores energy and vitality
Drains the tissues and improves the appearance of cellulite

DURATION

60 minutes
75 minutes with add-on Cellulite treatment

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST PEELING (apply with brush or glove)
BODY STRATEGIST BAGNI DI MONTALCINO
*BODY STRATEGIST THERMO CREAM (optional add-on)
BODY STRATEGIST MASSAGE CREAM
BODY STRATEGIST CAFFEINE SHOT
BODY STRATEGIST CRYO LEG GEL
BOWL, SPATULA, WRAP, TOWELS, BRUSH

ACCESSORIES

PRECAUTIONS

BODY STRATEGIST MONTALCINO MUD & THERMO CREAM: Do not perform during pregnancy and breastfeeding or in the case of thyroid disorders. **BODY STRATEGIST THERMO CREAM:** Do not perform in the case of fragile capillaries or circulation problems and during and after sun exposure. Apply the product with a brush to avoid direct contact with the skin. In the case of physical contact, wash hands immediately with cold water. Inform the guest that the sensation of heat is strongly subjective, therefore it can vary in intensity and duration, however favors the activity of the treatment. In the case of sensitive skins or any adverse reactions, advise the guest to have a cool shower. A hot bath or shower before the treatment can increase the sensation of heat.

TREATMENT STEPS

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION

2. Follow with the application of BODY STRATEGIST PEELING (10ml) to the entire body, using a brush or glove, and allow it to absorb. (Avoid sensitive areas such as the bust)

WRAP

3. Apply BODY STRATEGIST BAGNI DI MONTALCINO (50ml) to the full body (avoid sensitive areas) and massage one area at a time, wrapping with the appropriate sheeting before moving onto the next area, total time 20 minutes.
4. Remove the sheeting, assist the guest to a warm shower or remove the mud with hot towels.

OPTIONAL ADD-ON

5. For an ANTI-CELLULITE SLIMMING action, apply a thin layer of BODY STRATEGIST THERMO CREAM (10ml) to the areas to be treated (hips, buttocks, thighs and legs) and wrap in appropriate sheeting. Let it process for a maximum of 10 minutes (while it is working, massage the scalp or hands and arms). Remove the sheeting and remove any excess product with warm dry towels.

CELLU-BOOST

6. Apply the BODY STRATEGIST CAFFEINE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

7. Apply BODY STRATEGIST MASSAGE CREAM (10ml) and proceed with appropriate massage techniques.

FINAL TOUCH

Finish the treatment by applying BODY STRATEGIST CRYO LEG GEL (5ml).

CLOSING

Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

VITAL BUST

TREATMENT PURPOSE The firming and toning active ingredients restore nourishment and elasticity to the delicate area of the bust, bringing more firmness and tone.

RECOMMENDED For women of all ages to prevent loss of tone and elasticity. Ideal treatment during and after a weight loss program. Particularly recommended at the end of the breastfeeding period to restore the delicate area of the bust.

BENEFITS Firming and toning
Elasticizing
Nourishing

DURATION 50 minutes

PROFESSIONAL PRODUCTS TRANQUILLITY™ BLEND
BODY STRATEGIST PEEL SCRUB
BODY STRATEGIST NUTRITIONAL MASK 1+2
BODY STRATEGIST TONE SHOT
BODY STRATEGIST OIL
BODY STRATEGIST BUST SERUM

TOOLS BOWL, SPATULA, PLASTIC WRAP, TOWEL

PRECAUTIONS Treatment is not recommended during pregnancy and breastfeeding, consult your doctor.

TREATMENT STEPS

PREPARATION *Prepare equal amounts of BODY STRATEGIST MASK 1+2 in a bowl at room temperature to make the application comfortable.

*3 pumps of each base (equal to 5 ml per base)

OPENING 1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION 2. Apply a small amount of BODY STRATEGIST PEEL SCRUB to the area to be treated and massage gently. (if using during any body treatment, proceed as directed on the treatment plan).
3. Remove with a warm and damp towel.

WRAP 4. Apply BODY STRATEGIST NUTRITIONAL MASK 1+2 on the bust area, cover with a plastic sheet and then leave to process (10 minutes). While the mask is on massage neck and shoulders, releasing tension and tightness.
5. Remove the mask with warm towels.

MASSAGE 6. Apply the ampoule of BODY STRATEGIST TONE SHOT according to the indications in the VITAL BUST MASSAGE DOSSIER. We recommend not overdoing it on the breast but including the arms and other areas such as the stomach and hips.

FINAL TOUCH 7. Apply BODY STRATEGIST OIL to the bust area and repeat STEP 1 of the massage. When finished, if necessary, gently blot away the excess with a warm and damp towel.
8. Apply BODY STRATEGIST BUST SERUM to the entire area to complete the treatment.

CLOSING Offer a cup of matcha tea or a longevity juice together with the prescription card that specifies the suitable products for prolonging the effect of the treatment at home.

BODY STRATEGIST

VITAL BUST EXPRESS

TREATMENT PURPOSE

The firming and toning active ingredients restore nourishment and elasticity to the delicate breast area, bringing more firmness and tone in an express treatment, ideal as an add-on to any other body treatment.

RECOMMENDED

For women of all ages to prevent loss of tone and elasticity. Ideal treatment during and after a weight loss program. Particularly recommended at the end of the breastfeeding period to restore the delicate area of the bust.

BENEFITS

Firming and toning
Elasticizing
Nourishing

DURATION

25 minutes

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST PEELING
BODY STRATEGIST TONE SHOT
BODY STRATEGIST OIL
BODY STRATEGIST BUST SERUM
BOWL, SPATULA, PLASTIC WRAP, TOWEL

TOOLS

PRECAUTIONS

Treatment is not recommended during pregnancy and breastfeeding, consult your doctor.

TREATMENT STEPS

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION

2. Apply a small amount of BODY STRATEGIST PEELING to the area to be treated and then massage gently.
3. Remove with a warm and damp towel.

MASSAGE

4. Apply the ampoule of BODY STRATEGIST TONE SHOT according to the indications in the VITAL BUST MASSAGE DOSSIER. We recommend not overdoing it on the breast but including the arms and other areas such as the stomach and hips.

FINAL TOUCH

7. Apply BODY STRATEGIST OIL to the bust area and repeat STEP 1 of the massage. When finished, if necessary, gently blot away the excess with a warm and damp towel.
8. Apply BODY STRATEGIST BUST SERUM to the entire area to complete the treatment.

CLOSING

Offer a cup of matcha tea or a longevity juice together with the prescription card that specifies the suitable products for prolonging the effect of the treatment at home.

BODY STRATEGIST

BACK AND NECK

TREATMENT PURPOSE	The aromatherapeutic action, combined with the relaxing and repairing action of the yellow clay, integrates and enhances the exclusive succession of manual techniques with a decontracting action. An intensive treatment indicated to relax the area of head, neck, back and shoulders. If carried out regularly, it offers short and long term relief to those who work from home, those who have problems of sedentariness, poor posture or accumulated stress.
RECOMMENDED	For those who need to regain muscular elasticity, deep relaxation and decontraction of tense muscles of back, neck and shoulders. Particularly indicated for men who tend to have dominant muscles and therefore deep muscle tensions and contractions.
BENEFITS	Deep muscle decontraction. Energizing and revitalizing. Gentle detoxifying and soothing action against chronic fatigue and stress-related exhaustion.
DURATION	50 minutes
PROFESSIONAL PRODUCTS	TRANQUILLITY™ BLEND BODY STRATEGIST PEEL SCRUB BODY ACTIVE MASK BODY STRATEGIST MASSAGE OIL BODY STRATEGIST ARNICA CREAM
PRECAUTIONS	Not recommended for women who are pregnant or breastfeeding. Do not use if you have a known sensitivity to Arnica or Asteraceae.
PREPARATION	Warm the BODY ACTIVE MASK and BODY STRATEGIST MASSAGE OIL in hot caby.
	TREATMENT STEPS
OPENING	Accommodate your guest in a face-down position, with arms open. Start the treatment with the TRANQUILLITY™ WELCOME RITUAL.
TREATMENT	<ol style="list-style-type: none">1. Exfoliate the entire back, from the neck down to the hips and gluteus with BODY STRATEGIST PEEL SCRUB. Use a dry towel to remove any remaining particles.2. Apply BODY ACTIVE MASK (15 g) and massage for 10 minutes back, neck and shoulders using the following techniques: alternating full-handed horizontal stretches, infinity-shape movements with wide open hands overlapping and deep circular movements. Leave the mask on for another 10 minutes.3. During this down time, massage the scalp following the manual procedures outlined in the Massage Dossier.4. Uncover the back and remove the mask residues with a warm damp towel.5. Proceed with the back massage as indicated in the Dossier, using BODY STRATEGIST MASSAGE OIL.6. Complete the treatment with a thin layer of BODY STRATEGIST ARNICA CREAM applied to the entire back or specific sore, aching or simply tired areas.
CLOSING	Offer a cup of matcha tea or an invigorating juice along with the PRESCRIPTION SHEET, which lists the products required to prolong the benefits of the treatments once at home.

BODY STRATEGIST

BACK AND NECK EXPRESS

TREATMENT PURPOSE

An intensive treatment indicated to relax the area of head, neck, back and shoulders. An express treatment to provide immediate relief to tired, tense and contracted muscles for an immediate sense of wellbeing.

RECOMMENDED

For those who needs to regain muscular elasticity, deep relaxation and decontraction of tense muscles of back, neck and shoulders. Particularly indicated for men who tend to have dominant muscles and therefore deep muscle tensions and contractions.

BENEFITS

Deep muscle decontraction.
Energizing and revitalizing.
Gentle detoxifying and soothing action against chronic fatigue and stress-related exhaustion.

DURATION

25 minutes

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST MASSAGE OIL
BODY STRATEGIST ARNICA CREAM

PRECAUTIONS

Not recommended during pregnancy or breastfeeding. Do not use if you have a known sensitivity to Arnica or Asteraceae.

TREATMENT STEPS

OPENING

Lying the guest on the bed facing down. Begin treatment with the TRANQUILLITY™ WELCOME RITUAL.

TREATMENT

1. Proceed with the back massage as directed in the Dossier, using BODY STRATEGIST MASSAGE OIL.
2. Complete the massage with a thin layer of BODY STRATEGIST ARNICA CREAM applied to the entire back or specific sore, aching or simply tired areas.

CLOSING

Offer a cup of matcha tea or an invigorating juice along with the PRESCRIPTION SHEET, which lists the products required to prolong the benefits of the treatments once at home.

BODY STRATEGIST

DETOX EXPRESS

TREATMENT PURPOSE	An intensive treatment with thermal water from Montalcino in Tuscany, with detoxifying and anti-cellulite actions. A blend of essential oils encourages a profound purification of the tissues, while the fucus and laminaria algae promote lipolytic action.
RECOMMENDED	Ideal for an express detox action on the more troublesome areas of the body, especially thighs, gluteus and abdomen. Highly recommended for treating cellulite.
BENEFITS	Stimulates lipolysis and enhances the body's detoxification process. Restores energy and vitality Drains the tissues and improves the appearance of cellulite.
DURATION	30 minutes
PROFESSIONAL PRODUCTS	TRANQUILLITY™ BLEND BODY STRATEGIST PEELING (apply with brush or glove) BODY STRATEGIST BAGNI DI MONTALCINO BODY STRATEGIST CAFFEINE SHOT BODY STRATEGIST MASSAGE CREAM BODY STRATEGIST CRYO LEG GEL
ACCESSORIES	BOWL, SPATULA, WRAP, BRUSH, TOWELS
PRECAUTIONS	Do not perform during pregnancy or in the case of thyroid disorders.
	TREATMENT STEPS
OPENING	1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.
SKIN PREPARATION	2. Follow with the application of BODY STRATEGIST PEELING (10ml) to the critical areas, using a brush or glove, and allow it to absorb. (Avoid sensitive areas such as the bust)
WRAP	3. Apply BODY STRATEGIST BAGNI DI MONTALCINO (30ml) to the most critical areas, usually thighs, gluteus and abdomen (avoid sensitive areas) and massage one area at a time, wrapping with the appropriate sheeting before moving onto the next area. 4. Remove the wrap, assist the guest to a warm shower or remove the mud with hot towels.
CELLU-BOOST	5. Apply the BODY STRATEGIST CAFFEINE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.
	6. Apply BODY STRATEGIST MASSAGE CREAM (10ml) and proceed with appropriate massage techniques.
FINAL TOUCH	Finish the treatment by applying BODY STRATEGIST CRYO LEG GEL (5ml).
CLOSING	Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

3IN1 HOT COLD TREATMENT

TREATMENT PURPOSE	Three-phase intensive remodeling treatment: the first phase comprises a thermogenic action to stimulate microcirculation; this is followed by a vigorous lipolytic massage phase and then the final phase which is revitalizing and tonifying. A “shock” treatment with visible remodeling effects after just one treatment.
RECOMMENDED	Indicated for cellulite, and especially localized adiposity and sluggish microcirculation.
BENEFITS	Reactivates and improves microcirculation. Stimulates lipolysis and reshapes. Leaves legs feeling light and refreshed.
DURATION	75 minutes
PROFESSIONAL PRODUCTS	TRANQUILLITY™ BLEND BODY STRATEGIST MASSAGE OIL BODY STRATEGIST 3IN1 BOOSTER BODY STRATEGIST MASSAGE CREAM BODY STRATEGIST BLEND BODY STRATEGIST CRYO LEG GEL
ACCESSORIES	TECHNICAL BRUSH, 2 x WRAPS, SINGLE-USE BANDAGES, TOWELS
PRECAUTIONS	Apply the BODY STRATEGIST WARM BOOSTER with a brush to avoid direct contact with the skin. In the case of physical contact, wash hands immediately with cold water. Inform the guest that the sensation of heat is strongly subjective, therefore it can vary in intensity and duration, however favors the activity of the treatment. In the case of sensitive skins or any adverse reactions, advise the guest to have a cool shower. A hot bath or shower before the treatment can increase the sensation of heat. Avoid in the case of compromised capillaries. Avoid during pregnancy and during breastfeeding.
PREPARATION	Prepare the treatment bed with two wraps overlapping. Soak a bandage in a solution of 100ml water + 40ml of BODY STRATEGIST OIL BLEND. Leave to absorb until needed.
	TREATMENT STEPS
OPENING	1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL (guest should be face up). The SKIN PREPARATION step is not required in this treatment due to the intensity of the thermogenic mask and therefore not advised to use a scrub or chemical peeling.
CELLULITE WRAP	2. Massage one leg with BODY STRATEGIST MASSAGE OIL (20ml), being sure to include the entire leg, including gluteus. Thereafter apply the BODY STRATEGIST 3IN1 BOOSTER (30ml) with the technical brush and wrap in the plastic sheet and repeat application on other leg and wrap up. 3. Repeat the same procedure as step 2 on the abdomen. 4. Return to the legs and remove the product from the first leg, opening the wrap and removing the product using cool damp towels. Pat dry and cover with a dry towel. Repeat on the other leg. 5. Remove the first wrap from under the guest, but without removing the product from the abdomen. Assist the guest in turning over onto her front. Massage the back of the legs and gluteus following the steps of the second massage phase, using BODY STRATEGIST MASSAGE CREAM (10ml to be used on legs and abdomen). 6. Ask The guest to turn over and fold the sides of the plastic sheet as as to have the guest lying on the clean section. 7. Massage the front of the legs following the steps of the second massage phase, using BODY STRATEGIST MASSAGE CREAM. Then remove the product from the abdomen with a cool, damp towel and proceed with the massage steps using the BODY STRATEGIST MASSAGE CREAM. 8. Take the prepared bandage and wring out any excess product and start applying – working from one leg up to, and including the hips, and then work down the other leg towards the foot. (A medium-sized dry towel can be placed on the abdomen under the bandage wrap to keep warm. Leave to process for 15 minutes. 9. Wrap in plastic and proceed with the specific foot massage. 10. Remove the plastic sheet and the bandage and ensure all product is absorbed by massaging in any excess product.
FINAL TOUCH	Finish by applying a small amount of BODY STRATEGIST CRYO LEG GEL (5ml), massaging with ascending movements until completely absorbed.
CLOSING	Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

THERMOGENIC ATTACK

EXPRESS

TREATMENT PURPOSE

An intensive treatment with thermogenic action, for profound and resistant cellulite imperfections. Helps reduce the typical signs of cellulite, improves the microcirculation, and, thanks to the stimulation of lipolysis, promotes remodelling of the body.

RECOMMENDED

Specific for resistant cellulite accompanied by localized adiposity.

BENEFITS

Stimulates lipolysis
Reduces adiposity
Improves the microcirculation.

DURATION

30 minutes

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST PEELING (apply with a brush or glove)
BODY STRATEGIST THERMO CREAM (apply with a brush)
BODY STRATEGIST CAFFEINE SHOT
BODY STRATEGIST MASSAGE OIL
BODY STRATEGIST CRYO LEG GEL
BOWL, BRUSH, WRAP, TOWELS

ACCESSORIES

PRECAUTIONS

Do not perform during pregnancy, breastfeeding or in the case of thyroid disorders, fragile capillaries or circulation problems.

Apply the BODY STRATEGIST THERMO CREAM with a brush to avoid direct contact with the skin. In the case of physical contact, wash hands immediately with cold water.

Inform the guest that the sensation of heat is strongly subjective, therefore it can vary in intensity and duration, however favors the activity of the treatment. In the case of sensitive skins or any adverse reactions, advise the guest to have a cool shower. A hot bath or shower before the treatment can increase the sensation of heat.

TREATMENT STEPS

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION

2. Follow with the application of BODY STRATEGIST PEELING (10ml) to the areas to be treated, using a brush or glove, and allow it to absorb.

WRAP

3. Apply BODY STRATEGIST THERMO CREAM (10ml) with a brush to the areas to be treated (hips, buttocks, thighs and legs) and wrap in appropriate sheeting.

4. Process for a maximum of 10-15 minutes (while it is working, massage the scalp or hands and arms). Remove the sheeting and remove any excess product with warm dry towels.

CELLU-BOOST

5. Apply the BODY STRATEGIST CAFFEINE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

6. Massage using BODY STRATEGIST MASSAGE OIL (10ml) .

FINAL TOUCH

7. Finish the treatment by applying BODY STRATEGIST CRYO LEG GEL (5ml).

CLOSING

Offer a cup of Matcha tea or rejuvenating juice, along with the PRESCRIPTION CARD with indicated products to prolong the benefits of the treatments at home.

BODY STRATEGIST

BODY 3.0 PRO-LIFT CELLULITE

TREATMENT PURPOSE

A body treatment that combines the power of laser, radiofrequency and dynamic vacuum in one unique treatment combined with powerful active ingredients for a deep draining and remodeling action.

RECOMMENDED

Ideal for all types of cellulite.

BENEFITS

Slimming
Reshaping
Draining

DURATION

40 minutes (legs and gluteus)

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
AROMASOUL MEDITERRANEAN BLEND
BODY STRATEGIST OIL
BODY STRATEGIST CAFFEINE SHOT
BODY STRATEGIST TECH -OIL
BODY STRATEGIST MASSAGE CREAM

PRECAUTIONS

Do not offer Body Strategist Caffeine Shot during pregnancy and breastfeeding

TREATMENT STEPS

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

SKIN PREPARATION

2. Mix 6 drops of MEDITERRANEAN BLEND in 10 ml of BODY STRATEGIST OIL, apply to the drainage points (behind the knee, ankles, inguinals) with small circular movements.

CELLU-BOOST

3. Apply the BODY STRATEGIST CAFFEINE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

FACE & BODY PRO-LIFT 3.0 DEVICE

4. Apply BODY STRATEGIST TECH OIL to the areas to be treated and start with the FACE & BODY PRO-LIFT 3.0 device following the techniques as indicated in the Technical Dossier. Treat area by area.

FINAL TOUCH

5. Remove eventual residues of oil with a damp towel.

CLOSING

6. Apply BODY STRATEGIST MASSAGE CREAM and massage until absorbed.

Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

BODY PRO-LIFT 3.0 TONE

TREATMENT PURPOSE

A body treatment that combines the power of laser, radiofrequency and dynamic vacuum in a single treatment combined with powerful active ingredients that stimulates a new production of collagen, giving the skin a new firmness and elasticity.

RECOMMENDED

Ideal for all firming and toning treatments.

BENEFITS

Firming, toning
Elasticizing

DURATION

40 minutes (legs and gluteus)

PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
AROMASOUL MEDITERRANEAN BLEND
BODY STRATEGIST OIL
BODY STRATEGIST TONE SHOT
BODY STRATEGIST TECH -OIL
BODY STRATEGIST D-AGE MASSAGE CREAM

PRECAUTIONS

Do not apply Body Strategist Tone Shot on damaged or irritated skin

TREATMENT STEPS

OPENING

1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

PREPARATION

2. Mix 6 drops of MEDITERRANEAN BLEND in 10 ml of BODY STRATEGIST OIL, apply to the drainage points (behind the knee, ankles, inguinals) with small circular movements.

TONE-BOOST

3. Apply the BODY STRATEGIST TONE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

FACE & BODY 3.0 DEVICE

4. Apply BODY STRATEGIST TECH OIL to the areas to be treated and start with the FACE & BODY PRO-LIFT 3.0 device following the techniques as indicated in the Technical Dossier. Treat area by area.

FINAL TOUCH

5. Remove eventual residues of oil with a damp towel.

6. Apply BODY STRATEGIST D-AGE MASSAGE CREAM and massage until completely absorbed.

CLOSING

Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

BODY PRO-LIFT 3.0 DELUXE

AIM OF THE TREATMENT A reshaping, detoxifying treatment that reactivates the metabolism, favoring the elimination of excess fluid retention and toxins.

RECOMMENDED Ideal for all types of cellulite.

BENEFITS
 Detoxifying
 Slimming
 Reshaping

DURATION
 75 minutes
 time with device: 40 minutes (legs and gluteus)

PROFESSIONAL PRODUCTS
 TRANQUILLITY™ BLEND
 AROMASOUL MEDITERRANEAN BLEND
 BODY STRATEGIST OIL
 BODY STRATEGIST CAFFEINE SHOT
 BODY STRATEGIST TECH -OIL
 BODY STRATEGIST BAGNI DI MONTALCINO CASTELLO DI VELONA
 BODY STRATEGIST MASSAGE CREAM

ACCESSORIES
 BOWL, TOWELS

PRECAUTIONS Do not offer it during pregnancy and breastfeeding or to people with thyroid problems

TREATMENT STEPS

OPENING 1. Begin the treatment with the TRANQUILLITY™ WELCOME RITUAL.

PREPARATION 2. Mix 6 drops of MEDITERRANEAN BLEND in 10 ml of BODY STRATEGIST OIL, apply to the drainage points (behind the knee, ankles, inguinals) with small circular movements.

CELLU-BOOST 3. Apply the BODY STRATEGIST CAFFEINE SHOT ampoule a little at a time to the areas to be treated, and massage until completely absorbed.

FACE & BODY 3.0 PRO-LIFT DEVICE 4. Apply BODY STRATEGIST TECH OIL to the areas to be treated and start with the FACE & BODY PRO-LIFT 3.0 device following the techniques as indicated in the Technical Dossier. Treat area by area for a total of 40 minutes.

5. Remove eventual residues of oil with a damp towel.

WRAP 6. Apply BODY STRATEGIST BAGNI DI MONTALCINO CASTELLO DI VELONA to the legs, hips, gluteus and abdomen. Massage for 15 minutes, and then remove with a warm damp towel.

FINAL TOUCH 7. Apply BODY STRATEGIST MASSAGE CREAM and massage until completely absorbed.

CLOSING Offer a cup of Matcha tea or longevity juice together with the prescription card and selected products to prolong the effects of the treatment at home.

BODY STRATEGIST

AT A GLANCE - HOME CARE

EXFOLIATION

ALPHA-POLY HYDROXY ACIDS chemical peel.

NATURAL PARTICLES mechanical scrub.

TONE

ORGANIC TAMANU OIL elasticizing, anti-aging and repairing action.

CENTELLA ASIATICA stimulates collagen, therapeutic and calming.

HESPERIDIN extracted from citrus fruits, protects blood vessels and reduces edema.

CELLULITE

Slimming SINGLE-CELL MICROALGAE.

Lipolytic FUCUS.

Stimulates metabolism CAFFEINE.

	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SALE SUGGESTIONS	RELATED PRODUCTS
EXFOLIATION TWICE A WEEK	 BODY STRATEGIST PEEL SCRUB pH 5.5 - 6.5 200ml	double renewing action body scrub 92,2% natural ingredients	ALPHA-POLYHYDROXY ACIDS chemical peel 3.5% glycolic acid 6.5% gluconolactone SILICA PARTICLES & BITTER ORANGE PEEL immediate and progressive renewal mechanical scrub	immediate smoothness, softness and brightness facilitates penetration of subsequently applied products and active ingredients	for an intensive action the product can be left on after removing any residual particles with a dry towel suitable before the summer for preparing the skin and after the holidays for keeping the skin soft can be used in combination with any body cream	 BODY STRATEGIST
	 BODY STRATEGIST BAGNI DI MONTALCINO CASTELLO DI VELONA pH 5.9 - 6.4 4 X 30g	mud with thermal water from Montalcino 98% natural ingredients	THERMAL WATER FROM CASTELLO DI VELONA, MONTALCINO detoxifying, remineralizing LAMINARIA & FUCUS ALGAE slimming, reshaping and reducing MANDARIN, ORANGE AND PEPPERMINT ESSENTIAL OILS draining, detoxifying	draining and reshaping for all types of cellulite detoxifying easy-to-use home spa ritual	ideal as part of a detox program can be used in the bath for a detoxifying action not recommended for pregnant women and people with thyroid disorders	 BODY STRATEGIST PEEL SCRUB BODY STRATEGIST THERMO CREAM BODY STRATEGIST CREAM GEL BODY STRATEGIST D-AGE CREAM BODY STRATEGIST ATTACK SERUM
	 BODY STRATEGIST ATTACK SERUM pH 5.0 - 5.5 150ml	intensive lipolytic serum for stubborn cellulite Formula CONSCIOUS SKIN SCIENCE™ 93,6% natural-origin ingredients	PURE CAFFEINE (1,5 %) & CARNITINE contrast the accumulation of fats PINK PEPPER OIL EXTRACT assists in the reduction of localized adipose reserves	remodeling and slimming localized fat burning improves the overall appearance of the silhouette	ultra-light texture enhances the activity of the subsequent products applied works in synergy with other anti-cellulite products visible results after the first application apply once a day avoid contact with the eyes wash your hands after use. Not recommended for pregnant women	To maximise the results:  Ordinary routine:  BODY STRATEGIST THERMO CREAM BODY STRATEGIST CREAM GEL BODY STRATEGIST LINE

EXFOLIATION
TWICE A WEEK

DETOX & CELLULITE
TWICE A WEEK

CELLULITE & ADIPOSITY - EVERY DAY

BODY STRATEGIST

AT A GLANCE - HOME CARE

EXFOLIATION

ALPHA-POLY HYDROXY ACIDS chemical peel.

NATURAL PARTICLES mechanical scrub.

TONE

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	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SALE SUGGESTIONS	RELATED PRODUCTS
CELLULITE - EVERY DAY	 <p>BODY STRATEGIST CREAM GEL pH 5 - 6.2 200ml</p>	<p>liposomal reshaping gel cream</p> <p>92% natural ingredients</p>	<p>LIPOSOMAL STRUCTURE of lecithin facilitates the absorption of the active ingredients, deeply conveying the anti-cellulite active ingredients</p> <p>IVY EXTRACT draining, strengthens capillaries</p> <p>PURE CAFFEINE (2%) & CARNITINE stimulates metabolism and circulation</p> <p>HORSE CHESTNUT EXTRACT, known as AESCIN anti-inflammatory, vasal-protective stimulating circulation</p>	<p>skin-friendly liposomal conveyance</p> <p>draining and reshaping action on edematous cellulite accompanied by water retention</p> <p>reshapes and slims</p>	<p>specific high-tech liposome structure for edematous cellulite</p> <p>ideal for delicate skin</p> <p>not recommended during pregnancy</p>	 BODY STRATEGIST PEEL SCRUB  BODY STRATEGIST BAGNI DI MONTALCINO  BODY STRATEGIST D-AGE CREAM
	 <p>BODY STRATEGIST THERMO CREAM pH 5 - 6.2 200ml</p>	<p>thermogenic reshaping cream</p> <p>86,5% natural ingredients</p>	<p>SINGLE-CELL MICROALGAE thermogenic slimming action due to stimulation of the beige adipose tissue to burn fat</p> <p>PURE CAFFEINE (1,5%) & CARNITINE promote fat mobilization and stimulate lipolysis and metabolism</p> <p>FUCUS reshaping, slimming and reducing</p> <p>AESCIN venotonic properties, strengthens capillary walls</p> <p>BENZYL NICOTINATE thermogenic molecule that promotes effective absorption of active ingredients</p>	<p>reduces localized fat deposits through its thermogenic action</p> <p>reactivates microcirculation</p> <p>slimming and reshaping action</p>	<p>specific high-tech structure for adipose cellulite</p> <p>for noticeable results, constant, daily application is recommended for cycles of at least one month</p> <p>not recommended during pregnancy or breastfeeding, or for people with capillary fragility or thyroid disorders, or after sun exposure</p> <p>clearly explain the thermogenic effect and the reaction it could cause in order to properly prepare the customer</p>	 BODY STRATEGIST PEEL SCRUB  BODY STRATEGIST BAGNI DI MONTALCINO  BODY STRATEGIST D-AGE CREAM  BODY STRATEGIST CONTOUR CREAM  BODY STRATEGIST CONTOUR CREAM
	 <p>BODY STRATEGIST CRYO LEG GEL pH 5 - 5.5 200ml</p>	<p>refreshing leg gel</p> <p>95,7% natural ingredients</p>	<p>HESPERIDIN comes from the flavonoid group, strengthens capillary walls, counteracting fluid retention</p> <p>AESCIN venotonic, calming and draining properties, strengthens capillary walls</p> <p>MENTHOL refreshing, stimulates vasomotor gymnastics with an immediate feeling of lightness</p>	<p>improves circulation, facilitating drainage of excess fluids</p> <p>strengthens blood vessels</p> <p>immediate relief for tired legs</p>	<p>ideal in hot climates and for those who stand a lot</p> <p>the gel formula facilitates application and absorption</p> <p>if you are pregnant or breastfeeding consult your doctor before use</p> <p>do not apply to damaged skin</p> <p>can be combined with any body cream or used by itself</p>	 BODY STRATEGIST PEEL SCRUB  BODY STRATEGIST BAGNI DI MONTALCINO  BODY STRATEGIST D-AGE CREAM
CELLULITE - EVERY DAY						
TONE - EVERY DAY						

BODY STRATEGIST

AT A GLANCE - HOME CARE

ESFOLIAZIONE

ALFA-POLI IDROSSIACIDI peeling chimico.

PARTICELLE NATURALI scrub meccanico.

TONO

OLIO DI TAMANU BIOLOGICO azione elasticizzante, anti-età e riparatrice.

CENTELLA ASIATICA stimola il collagene, curativa e calmante.

ESPERIDINA estratta dagli agrumi, protegge i vasi sanguigni e riduce gli edemi.

CELLULITE

MICROALGA UNICELLULARE snellente.

FUCUS dimagrante.

CAFFEINA stimola metabolismo.

	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SALE SUGGESTIONS	RELATED PRODUCTS
<p>TONIFICANTE QUOTIDIANO</p> <p>RASSODANTE INTENSIVO</p> <p>tone - every day</p>	 <p>BODY STRATEGIST BUST SERUM pH 5 - 6 100ml</p>	<p>toning and firming serum for bust area</p> <p>CONSCIOUS SKIN SCIENCE™</p> <p>97.9% natural-origin ingredients</p>	<p>ORNITHINE amino acid that inhibits lipolysis for a tissue lipofilling effect</p> <p>ORGANIC TAMANU OIL elasticizing and antioxidant</p>	<p>elasticizing and plumping action</p> <p>nourishes the bust area</p> <p>the skin is smoother, firmer and more hydrated</p> <p>AFTER APPLICATION: 95% perceived an immediate feeling of compactness*</p> <p>AFTER 28 DAYS: 90% report that the breast area is firmer and more toned* 95% report less visible wrinkles and creases*.</p> <p>*Clinical test by an independent laboratory, self-evaluation, 20 women</p>	<p>ideal after breastfeeding or intensive diets</p> <p>intensive application: morning and evening</p> <p>maintenance: once a day</p>	 <p>BODY STRATEGIST TONE SHOT</p>
	 <p>BODY STRATEGIST TONE SHOT pH 5.0 - 5.7 4x 10ml</p>	<p>concentrated solution of botanical extracts for a toning effect on bust and inner arms</p> <p>CONSCIOUS SKIN SCIENCE™</p> <p>98.7% natural-origin ingredients</p>	<p>BOTANICAL EXTRACT Prunella vulgaris and Celosia cristata optimize microcirculation and tone tissues</p> <p>HESPERIDIN a powerful flavonoid that strengthens capillary walls and vascular permeability</p>	<p>perfect for tissue laxity, loss of fullness and firmness</p> <p>smooth and elastic skin</p> <p>+16% collagen synthesis* *Independent laboratories test_ in vitro on fibroblasts</p> <p>85% of panelists report a toning effect** **International testing panel. 33 women_1 application per week for 4 weeks</p>	<p>concentrate of active ingredients with an immediate effect</p> <p>multi-target product: breast, chest and arms</p> <p>perfect after breastfeeding or intensive diets</p> <p>easy and safe application (vial breaker and applicator) 1 time per week for 4 weeks</p>	 <p>BODY STRATEGIST BUST SERUM</p>  <p>BODY STRATEGIST CONTOUR CREAM</p>  <p>BODY STRATEGIST D-AGE CREAM</p>
	 <p>BODY STRATEGIST OIL 100ml</p>	<p>elasticizing oil</p> <p>88,7% natural ingredients</p>	<p>ORGANIC TAMANU OIL antioxidant, protects skin elasticity and combats the appearance of stretch marks</p> <p>SWEET ALMOND OIL emollient, nourishing and elasticizing</p> <p>CENTELLA ASIATICA stimulates collagen, enhancing tone and elasticity</p> <p>VITAMIN E antioxidant</p>	<p>promotes elasticity and compactness</p> <p>prevents the formation of stretch marks and improves the appearance of existing marks</p> <p>improves tissue tone and firmness</p>	<p>specifically recommended for the most critical areas of the skin, inner thighs, bust, abdomen, arms and chest</p> <p>can be used during and after pregnancy</p>	 <p>BODY STRATEGIST PEEL SCRUB</p>  <p>BODY STRATEGIST BAGNI DI MONTALCINO</p>  <p>BODY STRATEGIST D-AGE CREAM</p>  <p>BODY STRATEGIST CONTOUR CREAM</p>

BODY STRATEGIST

AT A GLANCE - HOME CARE

EXFOLIATION

ALPHA-POLY HYDROXY ACIDS chemical peel.

NATURAL PARTICLES mechanical scrub.

TONE

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CELLULITE

Slimming SINGLE-CELL MICROALGAE.

Lipolytic FUCUS.

Stimulates metabolism CAFFEINE.

	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SALE SUGGESTIONS	RELATED PRODUCTS
DOLORE MUSCOLARE DOLORE MUSCOLARE	 BODY STRATEGIST ARNICA CREAM pH 5 - 6 150 ml	Arnica gel cream with a thermogenic action for muscle relief CONSCIOUS SKIN SCIENCE™ 98.9% natural-origin ingredients	ARNICA MONTANA EXTRACT effect anti-inflammatory and antioxidant BENZYL NICOTINATE thermogenic molecule. Promotes absorption of active ingredients and relieves muscle tension MENTHOL, CAMPHOR, EUCALYPTOL relief and lightness	immediate effect the calibrated: thermogenic action reduces fatigue and provides relief 78% of panelists report feeling relief after athletic activity* 74% of panelists report reduced muscle fatigue* *International testing panel. 37 panelists_20 days of use	in all cases of muscle pain perfect for those who practice sports light, fast-absorbing texture can be reapplied multiple times during the day	   BODY STRATEGIST
DOLORE MUSCOLARE DOLORE MUSCOLARE	 BODY STRATEGIST D-AGE CREAM pH 5.5 - 6.5 180ml	nourishing firming cream 91,6% natural ingredients	HYDROLYZED GREEN WALNUT EXTRACT antioxidant protection ORGANIC TAMANU OIL antioxidant, protects skin elasticity and combats the appearance of stretch marks BOSWELLIC ACID counteracts skin aging with an elasticizing action	deep nourishment and protection for the skin for anti-aging action improves tissue tone and firmness	an ideal anti-aging cream for the body in all seasons, especially in winter or in cold climates	 BODY STRATEGIST PEEL SCRUB  BODY STRATEGIST BAGNI DI MONTALCINO  BODY STRATEGIST OIL
DOLORE MUSCOLARE DOLORE MUSCOLARE	 BODY STRATEGIST CONTOUR CREAM pH 5.0 - 5.5 200ml	firming toning cream for immediate skin compactness Formula CONSCIOUS SKIN SCIENCE™ 94,4% natural-origin ingredients	ACMELELLA EXTRACT stimulates the production of fibroblasts, firms and elasticizes tissues MENTYL LACTATE refreshes and stimulates vascular gymnastics	toned, compact skin and improvement in skin laxity (sagging)	fresh, lightweight texture absorbs immediately ideal for all skins anti-aging product for the body do not apply on damaged or irritated skin. avoid contact with the eyes wash your hands after use	 BODY STRATEGIST PEEL SCRUB  BODY STRATEGIST THERMO CREAM  BODY STRATEGIST CREAM GEL  BODY STRATEGIST OIL

BODY STRATEGIST

AT A GLANCE - PROFESSIONAL

EXFOLIATION

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	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SUGGESTIONS AND NOTES
SKIN PREPARATION	 <p>BODY STRATEGIST PEEL SCRUB pH 5.5 – 6.5 400ml</p>	<p>double renewing action body scrub</p> <p>92,2% natural ingredients</p>	<p>ALPHA-POLYHYDROXY ACIDS chemical peel 3.5% glycolic acid 6.5% gluconolactone</p> <p>SILICA PARTICLES & BITTER ORANGE PEEL immediate and progressive renewal mechanical scrub</p>	<p>immediate smoothness, softness and brightness</p> <p>facilitates penetration of subsequently applied products and active ingredients</p>	<p>recommended for very dry and rough skin</p> <p>ideal as a preparatory step for sun exposure</p>
SKIN PREPARATION	 <p>BODY STRATEGIST PEELING pH 3.8 – 4.5 400ml</p>	<p>revitalizing activating gel</p> <p>81,2% natural ingredients</p>	<p>GLYCOLIC ACID (7%) LACTIC ACID (9%) chemical peel to help the skin regenerate by helping to make the treatment more effective</p> <p>OXY™ stimulates cellular oxygenation</p>	<p>regenerating, smoothing</p> <p>increases penetration of active ingredients</p>	<p>suitable for cellulite treatments to improve their effectiveness</p> <p>recommended before using products that need to be left in place</p> <p>apply with a brush/glove</p>
DETOX - CELLULITE	 <p>BODY STRATEGIST BAGNI DI MONTALCINO CASTELLO DI VELONA pH 5.9 – 6.4 1000g</p>	<p>massage mud with thermal water for draining and reshaping</p> <p>98% natural ingredients</p>	<p>THERMAL WATER FROM BAGNI DI MONTALCINO contains bicarbonate-sulphate-calcium-magnesium suitable for detoxifying and anti-cellulite actions</p> <p>LAMINARIA iodine-rich brown algae to promote a slimming effect</p> <p>MANDARIN, ORANGE AND PEPPERMINT ESSENTIAL OILS draining, detoxifying</p>	<p>detoxifying, remineralizing</p> <p>slim and reshaped silhouette</p>	<p>not recommended during pregnancy or breastfeeding and for people with thyroid disorders</p>
CELLULITE	 <p>BODY STRATEGIST BLEND 950ml</p>	<p>multipurpose blend of essential oils for an intense draining action</p> <p>when diluted with 30ml of water 83% of the ingredients are natural</p>	<p>LEMON, ORANGE AND PEPPERMINT ESSENTIAL OILS drain, eliminating toxins, and reduce orange peel skin</p> <p>IVY EXTRACT reduces swelling by draining and strengthening capillaries</p> <p>MENTHOL refreshing action that stimulates vasomotor gymnastics</p>	<p>reduced feeling of heaviness and swelling</p> <p>slimming, reshaping</p>	<p>recommended for all types of cellulite, ideal for edematous cellulite</p> <p>multipurpose blend that can be used to prepare bandages or diluted in water in a whirlpool</p> <p>contains essential oils and menthol and is therefore not recommended for women who are pregnant or breastfeeding</p>

BODY STRATEGIST
AT A GLANCE - PROFESSIONAL

EXFOLIATION

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Lipolytic FUCUS.

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	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SUGGESTIONS AND NOTES
CELLULITE	 <p>BODY STRATEGIST THERMO CREAM pH 5 - 6.2 400ml</p>	<p>thermogenic reshaping cream for an intensive slimming treatment</p> <p>86,5% natural ingredients</p>	<p>SINGLE-CELL MICROALGAE slimming action due to stimulation of the beige adipose tissue to burn fat through a thermogenic action</p> <p>PURE CAFFEINE (1,5%) & CARNITINE promote fat mobilization and stimulate lipolysis and metabolism</p> <p>FUCUS reshaping, slimming and reducing</p> <p>AESCIN venotonic properties, strengthens capillary walls</p> <p>BENZYL NICOTINATE thermogenic molecule that promotes effective absorption of active ingredients</p>	<p>thermogenic, slimming action</p> <p>reactivates microcirculation</p> <p>the combination with Montalcino mud increases the detoxifying action</p>	<p>recommended for all types of cellulite, also ideal for adipose cellulite</p> <p>ideal for resistant skin, it is recommended that the customer is informed about the intense effect and possible skin reactions</p> <p>not recommended during pregnancy or breastfeeding, or for people with capillary fragility or thyroid disorders, or after sun exposure</p>
CELLULITE	 <p>BODY STRATEGIST MASSAGE CREAM pH 5.5 - 6.5 500ml</p>	<p>massage cream to activate lipolysis</p> <p>90,4% natural ingredients</p>	<p>SINGLE-CELL MICROALGAE slimming action due to stimulation of the beige adipose tissue to burn fat through a thermogenic action</p> <p>PURE CAFFEINE (1,5%) & CARNITINE promote fat mobilization and stimulate lipolysis and metabolism</p> <p>AESCIN venotonic properties, strengthens capillary walls</p> <p>IVY EXTRACT reduces swelling by draining and strengthening capillaries</p>	<p>slimming and reshaping for all types of cellulite</p> <p>nourishing</p>	<p>the product contains caffeine and is therefore not recommended for women who are pregnant or breastfeeding</p>
CELLULITE	 <p>BODY STRATEGIST MASSAGE OIL 950ml</p>	<p>massage oil with a draining and fluid rebalancing function</p> <p>99,9% natural ingredients</p>	<p>LEMON, ORANGE AND PEPPERMINT ESSENTIAL OILS draining properties, reduce orange peel skin</p> <p>IVY EXTRACT improves microcirculation and reduces swelling</p> <p>SWEET ALMOND OIL AND JOJOBA OIL deeply nourish the skin</p>	<p>draining, reshaping</p>	<p>oil for all types of massage, especially anti-cellulite and draining massages</p> <p>not recommended during pregnancy or breastfeeding</p>
CELLULITE	 <p>BODY STRATEGIST 3IN1 BOOSTER pH 5.5 - 6 400ml</p>	<p>reactivating, reducing and reshaping concentrated thermogenic mask</p> <p>97,8% natural ingredients</p>	<p>SINGLE-CELL MICROALGAE stimulates beige adipocytes to burn fat</p> <p>THERMOGENIC COMPLEX (VANILLYL BUTYL ETHER) causes vasodilation and develops a calibrated feeling of warmth</p>	<p>reactivates and improves skin microcirculation</p> <p>reshaping, stimulates lipolysis</p> <p>makes the legs feel lighter</p>	<p>ideal as shock treatment for cases of cellulite accompanied by localized fat deposits and slowed microcirculation</p> <p>apply the product with a brush or glove</p> <p>not recommended for women who are pregnant or breastfeeding</p>

BODY STRATEGIST

AT A GLANCE - PROFESSIONAL

EXFOLIATION

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tone

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	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SUGGESTIONS AND NOTES
CELLULITE	 <p>BODY STRATEGIST CRYO LEG GEL pH 5 - 5.5 400ml</p>	<p>refreshing leg gel</p> <p>95,7% natural ingredients</p>	<p>HESPERIDIN comes from the flavonoid group, strengthens capillary walls, counteracting fluid retention</p> <p>AESCIN venotonic, calming and draining properties, strengthens capillary walls</p> <p>MENTHOL refreshing, stimulates vasomotor gymnastics with an immediate feeling of lightness</p>	<p>improves circulation, facilitating drainage of excess fluids</p> <p>strengthens blood vessels</p> <p>immediate relief for tired legs</p>	<p>ideal in hot climates and for work that involves standing</p> <p>the gel formula facilitates application and absorption</p> <p>if you are pregnant or breastfeeding consult your doctor before use</p> <p>do not apply on damaged skin</p>
NEW PRODUCTS - CELLULITE	 <p>BODY STRATEGIST CAFFEINE SHOT pH 5.0 - 5.5 20 x 10ml</p>	<p>concentrated booster with a reducing action to use in combination with body technology or manual body treatments to enhance results</p> <p>95,9% natural-origin ingredients</p>	<p>DRAGON'S EYE EXTRACT & STABILIZED CAFFEINE contrast the accumulation of fats</p> <p>HESPERIDIN reinforces the capillary walls, contrasting edema</p>	<p>anti-cellulite and remodeling</p> <p>improves microcirculation, contrasting fluid retention and edema</p>	<p>apply the ampoule a little at a time to the areas to be treated, and massage until completely absorbed.</p> <p>for all types of cellulite, especially localized adiposity and fluid retention</p> <p>the product contains caffeine and is therefore not recommended for women who are pregnant or breastfeeding</p>
tone	 <p>BODY STRATEGIST OIL 950ml</p>	<p>elasticizing oil</p> <p>88,7% natural ingredients</p>	<p>ORGANIC TAMANU OIL antioxidant, protects skin elasticity and combats the appearance of stretch marks</p> <p>SWEET ALMOND OIL emollient, nourishing and elasticizing</p> <p>CENTELLA ASIATICA stimulates collagen, enhancing tone and elasticity</p> <p>VITAMIN E antioxidant</p>	<p>promotes elasticity and compactness</p> <p>prevents the formation of stretch marks and improves the appearance of existing marks</p> <p>improves tissue tone and firmness</p>	<p>specifically recommended for the most critical areas of the skin, inner thighs, bust, abdomen, arms and chest</p> <p>can be used during and after pregnancy</p>
tone	 <p>BODY STRATEGIST D-AGE MASSAGE CREAM pH 5.3 - 6.3 500ml</p>	<p>nourishing firming cream</p> <p>91,5% natural ingredients</p>	<p>HYDROLYZED GREEN WALNUT EXTRACT antioxidant protection</p> <p>ORGANIC TAMANU OIL antioxidant, protects skin elasticity and combats the appearance of stretch marks</p> <p>BOSWELLIC ACID elasticizing action</p>	<p>rich cream with highly moisturizing and protective final touch</p> <p>improves tissue tone and firmness</p> <p>antioxidant action, rich in polyphenols</p>	<p>ideal for restoring the balance of dry, tired and sun-damaged or age-damaged skin</p> <p>can be used during and after pregnancy</p>

BODY STRATEGIST

AT A GLANCE - PROFESSIONAL

EXFOLIATION

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	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SUGGESTIONS AND NOTES
TONE	 <p>BODY STRATEGIST NUTRITIONAL MASK 1 + 2 pH 5 - 6 2 X 1000ml</p>	<p>elasticizing and antioxidant mask</p> <p>16,5% natural ingredients</p> <p>99% natural ingredients</p>	<p>BASE 1: ORGANIC TAMANU OIL antioxidant, protects skin elasticity and combats the appearance of stretch marks</p> <p>BASE 2: HYDROLYZED GREEN WALNUT EXTRACT antioxidant protection</p>	<p>nourished and elastic skin, soft to the touch</p> <p>improves stretch marks, regenerates tissues, protecting and preserving skin elasticity</p>	<p>recommended after long exposure to the sun</p> <p>the product can be heated in a hot caby before use</p> <p>ideal during pregnancy, counteracts aging</p>
RASSODANTE INTENSIVO	 <p>BODY STRATEGIST BUST SERUM pH 5 - 6 300 ml</p>	<p>toning and firming serum bust area</p> <p>CONSCIOUS SKIN SCIENCE™</p> <p>97,9% natural-origin ingredients</p>	<p>ORNITHINE amino acid that inhibits lipolysis for a tissue lipofilling effect</p> <p>ORGANIC TAMANU OIL elasticizing and antioxidant</p>	<p>perfect for tissue laxity, loss of fullness and firmness</p> <p>smooth and elastic skin</p> <p>perfect after breastfeeding or intensive diets</p>	<p>apply the product to the affected areas at the end of treatment and promote absorption with a gentle massage see the treatment sheet for more details.</p> <p>texture that can be combined with other products</p> <p>multi-target product: bust area and arms</p>
NEW PRODUCTS - TONE	 <p>BODY STRATEGIST TONE SHOT pH 5.0 - 5.5 20 x 10ml</p>	<p>concentrated booster with a tonifying action to use in combination with body technology or manual body treatments to enhance results</p> <p>98,7% natural-origin ingredients</p>	<p>FLOWER COMPLEX mix of Celosia and Prunella for firming and draining</p> <p>HESPERIDIN reinforces the capillary walls, contrasting edema</p>	<p>improves the appearance of sagging skin and stretch marks</p> <p>tonifying and remodeling action</p> <p>firm silky skin</p>	<p>apply the ampoule a little at a time to the areas to be treated, and massage until completely absorbed for sagging skin that lacks tone and elasticity</p> <p>do not apply on damaged or irritated skin</p> <p>avoid contact with the eyes wash your hands after use</p> <p>if you are pregnant or breastfeeding consult your doctor before use</p>
DEVICE	 <p>BODY STRATEGIST TECH OIL 230ml</p>	<p>massage oil</p> <p>100% natural ingredients</p>	<p>ALMOND, RICE, SOY AND JOJOBA OILS create a light film that protects the skin from heat while enabling the handpiece to slide</p>	<p>for use with equipment with vacuum or vacuum with bi or multipolar radiofrequency equipment</p> <p>pleasant texture</p>	<p>for all skin types, face and body</p>
DEVICE	 <p>BODY STRATEGIST TECH GEL 300ml pH 5 - 6</p>	<p>massage gel</p> <p>96,9% natural ingredients</p>	<p>POLYOLS alcohols derived from sugar that create a barrier effect, allowing the machine to flow</p> <p>HYALURONIC ACID hydrates the skin, maintaining its elasticity and softness</p>	<p>for use with equipment with ultrasound, bi or radiofrequency and microcurrent</p> <p>pleasant texture</p>	<p>for all skin types, face and body</p>

BODY STRATEGIST

AT A GLANCE - TREATMENTS

NAME	GOAL	RESULTS	ADVICE & SALES	NOTES
DOUBLE BODY RENEWAL 60 mins	complete rejuvenation elasticizing nourishing	rejuvenating and smoothing antioxidant protection increases elasticity and hydration firming and toning	for all skin types ideal for seasonal changes, especially in autumn and spring promotes elasticity and repairs oxidation damage related to sun exposure, aging and lifestyle enhanced with the concentrated booster, TONE SHOT, for a powerful firming and toning action	available in the 30-minute Express version for skin renewal
3IN1 75 mins	draining revitalizing toning	reactivates and improves skin circulation stimulates lipolysis and reshapes makes the legs feel lighter	suitable for cases of cellulite accompanied by localized fat deposits and slowed microcirculation	available in the 30-minute Express version should not be offered during pregnancy and breastfeeding
VITAL BUST 50 min	draining detoxifying toning	a breast treatment that cares for a delicate and personal area using two manual massage techniques focused on drainage and detoxification, improving local circulation and diaphragm breathing follow with the application of BODY STRATEGIST TONE SHOT and BUST SERUM for a firming and toning action	ideal during/after a weight loss or a post-lactation program perfect for all women: from the youngest to the most mature suitable for improving the elasticity of the skin and chest breathing	also available in the Express version 25 min massage only
BACK & NECK MASSAGE 50 min	decontracting revitalizing	an intensive treatment for head, neck, shoulders and back thanks to the combination of yellow clay, essential oils, Arnica and decontracting massage techniques, it provides a relaxing and restorative effect, giving immediate relief to people with poor posture, accumulated stress or chronic fatigue	idea for sports people and especially men with dominant muscular structure suitable for anyone who wants to improve their posture and psycho-physical health	also available in the Express version 25 min
MONTALCINO MUD 50 mins	detoxifying reshaping stimulates metabolism	elimination of toxins and fat deposits reduction of edema and cellulite fat-burning and sculpting	for every type of cellulite ideal for those looking for a deep detoxifying action enhanced with the concentrated booster, CAFFEINE SHOT, for fat-burning and sculpting	available in the 30-minute Express version with the thermal mud should not be offered during pregnancy and breastfeeding and for people with thyroid disorders

BODY STRATEGIST

AT A GLANCE - TREATMENTS

NAME	GOAL	RESULTS	ADVICE & SALES	NOTES
BODY 3.0 PRO-LIFT CELLULITE 40 mins	draining reshaping slimming	improved shape and vitality improved circulation to contrast cellulite	powerful combo treatment of advanced body device with 3 technologies (radiofrequency, laser & dynamic vacuum) and powerful active ingredients for slimming and cellulite	not recommended during pregnancy and breastfeeding
BODY 3.0 PRO-LIFT TONE 40 mins	firming toning draining	improved tone and elasticity smooth, soft and supple skin	powerful combo treatment of advanced body device with 3 technologies (radiofrequency, laser & dynamic vacuum) and powerful active ingredients for firming and toning	not recommended during pregnancy and breastfeeding
BODY 3.0 PRO-LIFT DELUXE 75 mins	detoxifying slimming reshaping	elimination of toxins and excess fluid reshaping and reactivated metabolism	powerful combo treatment of advanced body device with 3 technologies (radiofrequency, laser & dynamic vacuum) and powerful active ingredients for detoxifying, slimming and reshaping	not recommended during pregnancy and breastfeeding

BODY STRATEGIST

GLOSSARY

ACMELLA OLERACEA

The extract is obtained from a small flower originating from Madagascar and the Mascarene Islands used as a spice and also known as Paracress. The alkylamide-rich extract is obtained from the flower and acts by influencing the dynamic contraction activity of fibroblasts. The fibroblasts in fact, in addition to being responsible for the synthesis of collagen and elastin, play an important structural role in the cellular matrix: the active ingredient increases the contraction ensuring the compactness and elasticity of tissues, corrects and prevents laxity and surface wrinkles.

ADIPOSE CELLULITE/FAT

Localized fat accumulations in the adipose tissue with a compromised microcirculation.

AESCIN

Extracted from horse chestnut seeds, widely used in pharmaceuticals and dermatology for its venotonic and draining properties. When applied topically, it penetrates the surface layers of the skin, protects the delicate vessel wall and promotes optimal microcirculation.

ALPHA-POLYHYDROXY ACIDS

Alpha-hydroxy acids act on corneocyte bonds, stimulating elimination of keratinized cells. The synergy of glycolic acid (3.5%), an alpha-hydroxy acid capable of deep penetration due to its small molecule size, and gluconolactone (6.5%). The mix of acids also promotes water recovery, performing an effective moisturizing action.

BENZYL NICOTINATE

A thermogenic molecule that activates the tissue response and vasodilation responsible for heat perception. This action enables the tissues to more effectively absorb the active ingredients.

BOSWELLIC ACID

Extracted from the gum resin of *Boswellia serrata*, it counteracts elastase and collagenase, the two enzymes that contribute to aging of the skin structure, and stimulates the activity of fibroblasts, the cells that make tissues elastic.

CAPILLARY FRAGILITY

Condition of altered functionality of capillaries whose walls are slack and not very resistant.

CARNITINE

A natural amino acid that is vital for fat metabolism in the body. It is associated with the transfer of fatty substances from the bloodstream to active fatty acid oxidation sites within muscle cells. It stimulates mobilization of triglycerides (fats) and promotes their entry into the mitochondria. This mechanism facilitates the use of triglycerides for energy and thermogenic purposes and therefore combats and reduces fat accumulation.

CELLULITE

A condition that may appear due to genetic factors and is aggravated by sitting or standing for too long, poor diet, cigarette smoking and stress. These factors first impair and damage microcirculation and then the volume between capillaries and cells. This causes slower microcirculation and is referred to as edematous cellulite. When this situation worsens and metabolism is reduced, local fat deposits become visible and fat elimination becomes increasingly difficult. This is called adipose cellulite. It is easy to recognize this type of cellulite because you should not feel pain when you pinch it.

CENTELLA ASIATICA

The extract, obtained from the leaves, is renowned for its ability to support tone and elasticity.

DRAGON'S EYE

Extract obtained from the seed of the longan fruit, *Dimocarpus longan*, belonging to the lychee family. Native to China and often called "long yan" provides visible results in less than a month. The extract inhibits the differentiation of preadipocytes into mature adipocytes and contrasts angiogenesis in adipose tissue, limiting its development. It therefore works in synergy with caffeine to reduce fat accumulation.

EDEMATOUS CELLULITE

Cellulite characterized by swelling and liquid accumulation.

ESSENTIAL OILS

LEMON

It is obtained from Citrus limonum fruits. Known for its numerous properties, it is useful for combating cellulite thanks to its toning and purifying properties.

MANDARIN

It is obtained from Citrus Nobilis fruit. Mandarins are native to the Far East, but today they are also widespread in the Mediterranean regions. Its stimulating effects on fluid elimination make it very suitable for treating water retention and cellulite.

PEPPERMINT

It has a high menthol content and is one of the most widely used medicinal plants. Mint has a refreshing, tonic and purifying action.

SWEET ORANGE

It comes from Citrus Sinensis Dulcis. Offering an astringent and purifying action, it is ideal for cellulite, especially in the case of water retention.

EXTRACELLULAR WATER

An important indicator for measuring the effectiveness of products that target edematous cellulite and swelling. Our body contains about 60% water: most of it is functional water (which for example makes up the cells or is involved in physiological processes), while the remaining part is extracellular water which, if accumulated in excess, causes edema and water retention.

FIBROUS CELLULITE

Cellulite linked to an alteration of the microcirculation in localized areas with the presence of nodules (orange peel).

FLOWER COMPLEX

Is the mixture of Celosia Argentea and Prunella Vulgaris extracts, with firming and draining effects. The complex in fact inhibits the differentiation of adipocytes, promotes the mobilization of fats and reduces edema for a triple action that counteracts the loss of tone.

FUCUS

Brown algae from the French coast that is particularly rich in iodine and has always been used due to its reducing properties.

HESPERIDIN

It is one of the flavonoids characteristic of citrus fruits and serves to preserve the condition and normal permeability of the capillary wall: it is therefore used for treating edema.

HYALURONIC ACID

Highly hydrating hygroscopic molecule. It hydrates the skin and maintains its elasticity and softness. Ideal in products that are used with machines to maintain correct skin hydration.

HYDROLYZED GREEN WALNUT EXTRACT

Obtained from a special fruit ripening process, it has a high content of structural phenolic active ingredients for an antioxidant action that remains active over time. The structural polyphenols create a protective membrane that effectively protects the skin from free radicals.

IVY EXTRACT

Herbal remedy for treating venous insufficiency. For cosmetic use, it improves microcirculation, reduces swelling in the legs and counteracts the appearance of orange peel skin.

LAMINARIA

Brown algae from the Icelandic seas that is processed at low temperatures to fully preserve its active ingredients. It contains a high concentration (about 40%) of minerals: chlorine, potassium, calcium, magnesium and iodine.

LIPOLYTIC THERMOGENIC

The lipolytic action is stimulated by single-cell microalgae, the product's main active ingredient, which helps to burn excess fat.

LIPOSOMAL STRUCTURE

The secret of the innovative formulation lies in its liposomal structure. Very skin-friendly, it deeply conveys the draining and oxygenating active ingredients that protect microcirculation and oxygenate, resulting in visible reduction of edematous cellulite.

BODY STRATEGIST

GLOSSARY

LOCALIZED SWELLING	Fluid accumulation in specific areas of the body with consequent alteration of the body's equilibrium.
MENTHOL	A key component of peppermint essential oil. It refreshes and stimulates vasomotor gymnastics and gives an immediate feeling of lightness.
MICROCURRENT	It is a faradic electric current that stimulates the effects of isometric exercises. The muscles are repeatedly stimulated to improve muscle tone. The microcurrent has a rejuvenating effect, increasing the local metabolism of the skin and muscle tissue. It is therefore included in the list of corrective and anti-aging treatments.
ORGANIC TAMANU OIL	Extracted from an ancient sacred Indonesian plant, it has remarkable elasticizing and antioxidant properties that make it a valuable protective active ingredient capable of reducing skin structure damage caused by free radicals.
OXY™	Cellular breathing factor capable of increasing cellular oxygenation.
PINK PEPPER	Pure oil extracted from Schinus terebinthifolius seeds using supercritical CO2 sustainable extraction technology. Originally from Brazil, it is now grown on the island of Reunion and is also known as "Reunion Rose Gold". It makes adipose reserves more easily degradable because they are accessible to lipase.
POLYHYDROXY ACID GLUCONOLACTONE	<p>A polyhydroxy acid that not only stimulates progressive cell renewal, but also retains water molecules and maintains skin hydration. Their combined action separates the corneocytes that form the superficial layer of the epidermis and facilitates their detachment through the subsequent mechanical action.</p> <p>Gluconolactone has a strong hygroscopic and long-term hydrating effect due to the presence of numerous hydroxyl groups. When applied on the skin, it promotes exfoliation and cell renewal, modulating the keratinization process. It is not an irritant substance and is suitable for sensitive and delicate skin.</p>
POLYOLS	Alcohols derived from sugar that create a barrier effect, allowing the flow required for the machine to operate.
PURE CAFFEINE	An active molecule well-known for its properties, present in nature in coffee beans, tea, etc. It is widely used in skin care for its lipolytic and draining action. Stimulates the activity of lipase, an enzyme responsible for breaking down triglycerides.
RADIOFREQUENCY	It uses heat energy to warm tissues and stimulate the production of elastin and collagen in the face and body. It reactivates adipocytes by heat-induced lipolysis. The result is a reduction in skin laxity.
SINGLE-CELL MICROALGAE	Featuring a high content of protein and polyunsaturated fatty acids, it acts by directly stimulating activation of beige adipocytes, which can then transform from a simple fat deposit to cells capable of metabolizing fat. Once activated, beige adipocytes produce an essential thermogenic action that eliminates fat accumulation and facilitates reshaping.
STRETCH MARKS	Alterations in the skin's dermal layer due to sudden changes in weight and poor skin elasticity.
SWEET ALMOND OIL	Rich in emollient and nourishing fatty acids, it deeply moisturizes even the driest skin, restoring its softness and elasticity.
THERMAL WATER FROM CASTELLO DI VELONA _ MONTALCINO	Renowned for its remineralizing properties, it flows out from Mount Amiata at a temperature of 90 °C and has a bicarbonate-sulphate-calcium-magnesium composition. It is particularly appreciated for its high tolerability and therapeutic properties in the dermatological field. The thermal water is a key element of Castello di Velona thanks to a volcanic spring that is the hottest in Tuscany.

BODY STRATEGIST

GLOSSARY

THERMOGENIC COMPLEX (VANILLYL BUTYL ETHER)

Causes vasodilation and develops a soothing calibrated heat sensation without undesirable side effects such as irritation or itching. Thermogenic action is essential for making skin more receptive.

ULTRASOUND

Ultrasound waves stimulate the skin tissues and improve the penetrability of cell membranes. When using active ingredients, these waves help them to more effectively penetrate the dermis.

VACUUM

Vacuum technology uses an ancient principle of oriental origin that stimulates circulation through a skin suction process. This supports blood and lymphatic circulation, as well as tissue reoxygenation, offering a significant improvement in wrinkles and thorough skin cleansing.

VASCULAR THERMOGENIC

The thermogenic vascular action, stimulating a perceptible alternating hot and cold sensation, reactivates microcirculation and ensures complete absorption of the active ingredients.

VITAMIN E

A powerful antioxidant, it counteracts degenerative processes related to aging and an unbalanced lifestyle and promotes tissues' natural reparative processes.

WATER RETENTION

A consequence of fluid accumulation. It can be caused by hormonal imbalances or an unhealthy lifestyle.

Certified



Corporation

[comfort zone]
conscious skin science

Find out more about our products, treatments and lifestyle tips on
www.comfortzoneskin.com